

FOR IMMEDIATE RELEASE:

Tuesday, February 19, 2019

Hospice Offers Free Lunch & Learn Series to the Public

(GREENSBORO, NORTH CAROLINA)– Hospice and Palliative Care of Greensboro (HPCG) is excited to announce the new season of **Lunch & Learn at the Lusk Center**, a free lecture series designed to help participants with a variety of complex care and health issues.

Each hour-long workshop is presented by topic experts and held at HPCG's Lusk Center, located at 2501 Summit Avenue in Greensboro. Lunch is provided, along with practical, community-focused resources.

Each event is free and open to the public. All workshops take place from noon – 1 p.m. with check-in beginning at 11:30 a.m.

The program is made possible through generous support from Beverly and Patrick Wright as well as the John A. Lusk, III Endowment Fund for Hospice and Palliative Care Education.

Visit www.hospicegso.org/learn for more information and to register.



Guests participate in a 2018 Lunch & Learn at the Lusk Center event.

Lunch & Learn at the Lusk Center 2019 Schedule

Advance Care Planning:

How to Plan for End-of-Life Decisions

Thursday, March 14

Learn about advance directives, why and when they're used and how to talk about end-of-life decisions with family.

What Really Matters:

Changing Priorities Near End of Life

Thursday, April 25

Join us for a thoughtful, interactive discussion about the end-of-life journey and how to capture meaningful moments along the way.

Palliative Care vs. Hospice Care:

What's the Difference?

Thursday, June 13

Discover the difference between hospice and palliative care, how these services can help and who pays for them.

The Caregiver Experience:

Navigating Rough Waters

Thursday, July 11

Caring for a loved one can be demanding. Join us as we explore ways caregivers can maintain—or regain—balance and hope.

Dementia Talk:

Why Do They Do That ... and What Can I Do About it?

Thursday, August 11

Learn practical strategies for addressing the four most difficult dementia behaviors: bath wars, social problems, aggression and agitation.

Beyond the Casserole:

How to Truly Support Grieving Persons

Thursday, September 12

What gives real comfort to those who are grieving? Hear what deeply grieving persons wish others understood, and learn how to be of support to friends and family in grief.

About HPCG

HPCG, a nonprofit organization serving Guilford County and surrounding areas since 1980, is situated on a 14.75 acre campus at 2500 Summit Avenue. HPCG provides physical, emotional and spiritual support for children and adults faced with a life-limiting illness, as well as their caregivers and families. For more information, call 336.621.2500 or visit www.hospicegso.org.

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