Choosing hospice care does not mean giving up hope. In fact, preserving hope is an essential factor in maintaining and enhancing the quality of life at its end. But how is hope maintained in the face of serious illness or a limited future? The answer lies in redefining the meaning of hope.

At Hospice and Palliative Care of Greensboro (HPCG) social workers play a key role in helping patients and family members shift their focus from long range planning to goals that can be achieved within a given day, hour or moment. Equipped with a master’s level education and years of supervised clinical experience, HPCG social workers listen without judgment for stories to unfold. These stories reveal what remains … what is still important.

Garner recalls a patient, “Frank,” who dreamed of returning to his little mountain cabin. He longed to see the bald eagle that lived in the nearby woods, just one last time. Despite Frank’s passionate requests, his dependency on oxygen and need for periodic breathing treatments created a complicated situation as his cabin had no electricity and a dirt road accessible only in dry weather. While Frank’s wife lamented that such a trip was not possible, Garner asked permission to explore some possibilities with her fellow team members. Partnering with Advanced Home Care and carefully calculating what was needed, the supplies necessary for the day trip were ordered.

Garner savored every minute of Frank’s story about the trip. He described being in the cabin for several hours, straining for a glimpse of the eagle, with no luck. Then the rain set in and there was no choice but to leave before the road became impassable. Just as Frank was getting into the car, he saw his old friend, sitting majestically on a top branch. There were no other words spoken about the experience. Garner knew that some feelings are just too big for words.

“Every patient experiences serious illness and declining health in his or her own unique way. My role is to walk by their side on the journey, but it is not about selecting their path. My skills are best utilized to problem solve around the physical, emotional and financial road blocks created by illness and change,” said Debbie Garner, HPCG social worker.

Continued on page 3
A Message from Pat Soenksen, President and CEO

With spring in full bloom, I wanted to take the opportunity to extend heartfelt thanks to our many HPCG supporters, without whom we would not be able to grow and expand our hospice and palliative care services for children and adults in Guilford and surrounding counties. Public support is always critically important and perhaps even more so now as all healthcare providers, including hospices, face Medicare funding cuts under sequestration.

You likely heard about sequestration this past winter and you might have wondered, “What is it and who will be affected?” Sequestration is a series of automatic, across-the-board cuts to government agencies, totaling $1.2 trillion over 10 years (if sequestration were to last that long). The cuts are split 50-50 between defense and domestic discretionary spending.

On March 1, 2013, President Obama signed an order authorizing the government to begin cutting $85 billion from federal accounts. This official “order” authorized sequestration to begin. Under sequestration, all healthcare providers – physicians, hospitals, home health agencies and hospices – will see their Medicare payments reduced by 2 percent. This is particularly important to HPCG because Medicare is our largest funding source. Medicaid is exempt from sequestration.

The good news for our Medicare patients is that they will see NO change or decrease in their hospice services due to sequestration. We are still actively admitting new Medicare patients and current patients will continue to receive all hospice services, as required by their plan of care. HPCG will not decrease the number of visits to patients. While sequestration impacts healthcare providers such as HPCG, the benefits received by people enrolled in Medicare are safe.

However, there will be a financial impact for HPCG under sequestration because it will reduce Medicare payments by 2 percent effective for the dates of service beginning April 1, 2013. We estimate that April 1 - September 30, 2013, HPCG will receive approximately $169,571 less in Medicare reimbursement.

Fortunately, HPCG has a long history of prudent financial stewardship. Because HPCG is now receiving 2 percent less in Medicare reimbursement, we are focused on expense control and reduction. We do not plan any staff layoffs. When we have staff vacancies, managers are evaluating whether we need to replace that position immediately or if the position can be filled later. In addition, we are exploring creative ways to improve and streamline processes to improve productivity and reduce expenses.

So as you can see, fundraising which is always vital to HPCG becomes an even more urgent priority. Every year, thanks to a very generous community, HPCG receives more than $1 million to help support our programs and services such as home care and long-term care hospice, Kids Path, Beacon Place (inpatient hospice) and our Counseling and Education Center (CEC) for grief counseling.

Soon we will kick-off our 2013 Annual Campaign and we are pleased to announce that Jack and Sarah Warmath have agreed to chair this year’s campaign. Their longtime generous support of HPCG serves as a role model for philanthropy in the community and we invite you to join the Warmaths in supporting HPCG’s 2013 Annual Campaign.

Pat Soenksen
People come in and out of our lives every day. Some interactions are practical with little impact, while other exchanges can change things forever.

More than 30 years ago, two friends who had found common ground in one another also came together around a new program to help people at the end of life. One was an early advocate for hospice and working with a group of volunteers to create what would become Hospice and Palliative Care of Greensboro (HPCG). The other was a woman who had experienced the loss of a loved one, but was finding her way to a “new normal.”

The volunteer, Pam Harding, and her group of fellow visionaries were rich in energy. They gave talks to book clubs, churches and hospital auxiliaries, trying to raise funds for hospice. They attracted more passionate spirits to the cause, but very little funds.

All that changed one evening when Harding’s friend surprised her with a check. It was a “seed gift” for the hospice effort and it was the exact amount needed to found the hospice organization that became Hospice and Palliative Care of Greensboro. There was one stipulation – the donor’s name could never be known.

Harding’s friend moved away, and over the years they lost touch with one another. But last fall, after experiencing a challenge to her own health, Harding decided to find her friend and reconnect. She began searching and eventually found HPCG’s first benefactor living in Atlanta. She asked HPCG to invite her friend for a visit, so she could show her what had become of that initial gift. The invitation was accepted and last January, HPCG hosted Harding, her family and the anonymous donor, Starr Moore. She said enough time and distance had passed since she made the initial gift and no longer required anonymity.

To commemorate the occasion, HPCG’s leadership decided to officially name and dedicate the atrium in the main building to the memory of Pam Harding’s parents and to also honor Harding herself. The dedication also acknowledged the “seed gift” made by Moore. How appropriate that this “seed” gift would blossom into a light-filled atrium complete with lush green plants and soaring trees!

Sometimes we lose our connections with one another, and sometimes we have an opportunity to circle back and re-establish our ties. In other words, life provides us all the opportunity to “Capture Moments that Really Matter.”

Social Workers

continued from page 1

Social workers also help to redefine hope by listening to a patient’s expressions of grief, such as the loss of independence, body image and sense of purpose. Speaking out loud about feelings of anger and sorrow can be very powerful, enabling a patient to look at life in a whole new way.

The patient who can no longer play tennis with his wife acknowledges the joy found in their spirited games of Rummikub®. There is also the satisfaction of sitting down to a favorite meal after a long, difficult week or the profound relief of finding a new home for a beloved pet a patient will leave behind.

Hope is as important in the last hours of life as it is in any other stage. “But hope has to be redefined to be preserved,” said Garner. “It is how I help patients celebrate the small things that might otherwise go unnoticed. It is the key to finding peace.”

Support HPCG at Glow in the Park 5k Run

Support HPCG by running or walking a 5k in the dark in Greensboro on May 24. You will be provided with a goody bag of glow accessories, including paint to adorn yourselves to the height of glowy fashion just before the race starts. You will run through seas of foam, a rain storm of glow water and a dust storm of neon powder.

www.GlowintheParkRun.com/locations/Greensboro

Enter HPCG13 in the coupon code during registration for proceeds to benefit HPCG.
What a night! On March 8 more than 600 people came together to support grieving and medically fragile children by attending the sixth annual Corks for Kids Path, which generated more than $104,000 (gross) for Kids Path services.

These results are especially significant because Kids Path relies on public support for 73 percent of its operating budget,” said Paul Russ, vice president of marketing and development. “We are extremely grateful for the volunteers and community partners who make this event a reality each year.”

“I am just beside myself at the success of the event!” said Ashley Watkins, chair of the sixth annual Corks for Kids Path. “It really went great and I think everyone had a great time! It was a true pleasure being a part of this year’s success. “I certainly couldn’t have done it without the support of such a wonderful committee and teams of volunteers,” she said. “Everyone certainly played a part.”

Nearly 100 volunteers and a planning committee led by Watkins were responsible for making the event a moving the event to a new venue – The Regency Room at Elm Street Center – allowed for a more spacious and functional layout. Guests enjoyed a selection of nearly 70 hand-crafted wines chosen by Zeto wine & cheese shop, locally-brewed beer from Natty Greene’s and other North Carolina brewers coordinated by 1618 Wine Bar, a delicious sampling of small plates from Painted Plate Catering, chocolates from Loco for Coco, creamy gelatos from Gnam Gnam and a dynamic silent auction.

Visit Hospice and Palliative Care of Greensboro’s Facebook page to learn more about Corks for Kids Path and to see the many photographs taken at this sold-out event. To those of you who attended, thank you for having a heart for the services we provide. We couldn’t do it without you!

**2013 Planning Committee Volunteers**

Front Row L to R: Charlotte Davidson and Julie Tesh
Back Row L to R: Matt Logan, Ashley Watkins, chair, Emma Merritt Baggett, Catherine Batson, Carla McClary and Brian Kiser

Not pictured: Danielle Maskeroni, Ella McBride and Sarah Catherine Poole
2013 Corks for Kids Path

Cindy and Don Adams
Adair Armfield
and Tom Willingham
Aubrey Home
Emma Baggett
Jonathan Baynes
Adrienne and Joe Brady
Chip Callaway
Linda Carr and Milton Kern
Griselda and Preston Clark
Trisha Costello
Susan and Bob Cox
Meghan and Paul Davis
Jane and Paul Gibson
Pam and Tab Haigler
Kathy Haines
Risa Hanau
Ross Harris
Eleanor Herndon
Fay and Michael Hoggard
Aaron Hunt
Mary and Chuck Jones
Karen and Shane Kelly
Donna and Bob Newton
Mindy and Chad Oakley
One Source Document Solutions, Inc.

Leah Paskin
Sarah Catherine Poole
Elizabeth and Matthew Rankin
Jim Reid
Rock 92 and 107.5 WKZL
Debbie and Larry Roland
Aimee and Todd Rotruck
Fran and Don Russ
Paul Russ and Lynn Wooten
Betsy and Ernie Schiller
Sue and Sammy Sciabbarasi
Susan and Brad Shumaker
Marion and David Taylor
Julie Tesh
Sharon and Brad Turcot
Liz Urquhart and Powell Slaughter
Ashley Watkins
Judy and Len White
Margaret and Don White
Elizabeth and Tommy Wooten
Ellen and Robert Worth
Mary Brent and Bob Wright

2013 Sponsors

CABERNET

Genuity Concepts
J. Gorell Designs, Inc.
VF Corporation
Anonymous in honor of Ashley Watkins

MERLOT

Christopher T. Barbee, CFP®
Cone Health
First Citizens Bank
Lincoln Financial Group
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SHIRAZ

Blue Ridge Companies
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Figaro Salon
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Ron Johnson and Bill Roane
Larry Pulliam and Cindy Jarrett-Pulliam
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S. J. Edwards Foundation
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BAYADA Home Health Care
Bill Black Chevrolet Cadillac
Home Instead Senior Care
Matt Logan, Inc.
Gordon and Patricia Soenksen
Tyler, Redhead & McAlister
Well•Spring Retirement Community
Beverly and Pat Wright

EVENT Partners

1618 Wine Lounge
Amicus Photography
Elm Street Center
Gnam Gnam Gelato Bistro
Loco for Coco
Natty Greene’s
Painted Plate Catering
Sign-A-Rama
Zeto wine & cheese shop
**Gifts to HPCG January 2013 - March 2013**

**Honorariums**
- Mary Allen
- Donna Anthony
- Jimmy and Becki Arrington
- Jerry and Carol Ashbaugh
- Joyce Brown
- Mike Calabrese
  and Cres Davis Wedding
- Gullanar Campbell
- Linda Carraway
- Jim and Jonni Catlett
- Bonnie Cienek
- John Connor
- Linda Ann Fitts
- Jane Gibson
- John and Ruth Hancock
- Cathy Hoff
- Bill and Teresa Holt
- HPCG Staff and Volunteers
- HPCG Southeast Team
- Arthur and Ann Ihrig
- Leigh Irvin and Michael Von
  Haden Wedding
- Beverly Isley-Landreth
- Karen Kaplan
- David and Linda Kirkman
- Brooks Langley and Family
- Barbara A. Lusk
- Elizabeth Lee Lusk
- Nancy Lyon
- Sylvia R. Moulton
- Denise Oliphant
- Justin Osborne and Family
- John E. Peterson Jr.
- Cathy Powell and Family
- Shannon Putnam
- Paul Russ
- Nancy B. Ryckman
- Bill and Chris Schermerhorn
- Kristen Sharpe
- Barry and Sally Sikes
- Libbey Smigel
- Pat and Gordon Soenksen
- Pat Soenksen
- Nancy Vaders
- Lou Wallace
- Gene Weisberger and Family
- Dawn Wilson

**Memorials**
- Jason Richard Adams
- Dianne Woods Adkins
- Nadine Marie Albert
- Creed F. Alderson, Jr.
- Ann Alford
- Roger Amick
- Helen D. Aughenbaugh
- Murray “Carson” Bain
- Phyllis Baird
- Frances Hall Baker
- Rachel Vernon Bame
- Barbara Crittenden
- Miller Barksdale
- Joe Bobby Barley
- Roma Barnett
- James Franklin “Frank” Barnhardt
- Audrey Mildred Harrelson Batton
- John “Jack” A. Baughman
- Donald M. Baxter

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**Brick Deadline Fast Approaching**

To guarantee that your commemorative brick is installed in time for Hospice and Palliative Care of Greensboro’s (HPCG) annual dedication ceremony in October, be sure to place your order by June 30, 2013.

Led by John Connor, chaplain, each year this meaningful gathering allows those families who have purchased commemorative bricks to see them installed in the HPCG gardens. The service is a time of reflection and celebration as we honor all those who have been remembered.

A highlight of each year’s service is the music supplied by volunteer Neill Clegg, Jr., who is an associate professor of music and director of instrumental studies at Greensboro College. His music has added so much to the service, that HPCG honored Neill and his wife, Victoria, with their own brick in 2011.

For more information about how you can purchase a commemorative brick, please contact Mary Anderson at 336.621.2500 or manderson@hospicegso.org. Information is also available at www.hospicegso.org.

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Create a lasting tribute with an HPCG commemorative brick.
Gifts to HPCG January 2013 - March 2013

Sylvia Welker Bell
James Henry Bennett, Sr.
Philis Ann Bird
Gerald “Jerry” Myers Bolling
Sharon Bates Bostic
Peter Archie Botzis
William Robert Bowden
Dorothy “Dot” Haile Bowery
Herbert Leon Boyles
Judithe Bald Briggs
Robert Brower
Ralph Brown
Mary Rebecca Watson Brown
Kenneth W. Bryson
Anne Buckley
Eugene E. Buckley
Betty Jane Bunton
Lucius A. Butler
Howard E. Butner, Jr.
Janie Elizabeth Southard Campbell
Franklin “Frank” Marshall Campbell
Lewis Albert Canter
David L. Caudle, Sr.
Rixene Simmons Causby
Margaret L. Caviness
William Jennings Caviness, Sr.
Lydia Winchester Cheek
Cecil Church
Gene “Papa” Church
John “Jack” L. Clarkin
Sarah Lee Perdue Claybrook
Christopher Robert Cleary
John K. Cobb
Vicky D. Cockerham
William Mark “Bill” Collier
Junior Lee Collins
Daniel “Danny” Lee Coltrane
Lorraine Q. Connolly
Zel R. Corman
Leo Costello
Nola Jean Gragg Couts
Joe Ann Wright Crews
Eazora Marie Winfree Cummings
James B. Curl, Jr.
David B. Curland
Bonnie Lancaster Cyrus
Benjamin Leonard
“Ben” D’Lugin, Sr.
Benjamin Davidowitz
Herman Wayne Davis
Luther J. Dawkins
Henry “Hank” James Decker, Jr.
Miriam Sotomayor DeVincenzo
Laudelina “Mimi” Diaz
Johanna Christine Hilgers Dickson
Declan Nicholas Donoghue
Todd Douglass
Charlie J. Duncan
Michael Patrick Earey
Christine Miles Edwards
Elton Edwards
Virginia Lee Spencer Edwards
Thomas Clyde Elrod
Maxine “Maxie” Gail Eplin
Hilary Ann Erskine
Charles Breeden Erwin
Jane B. Evans
Helen M. Ferguson
Cathy Rasche Fisher
Roger B. Fisher
Patricia Mercer Flinn
Mattie Shelton Flippin
David Fredrick Flynt
Robert “Bob” Melvin Fogleman
Rev. John Charles Foltz
Jerry W. Fox
Geneva Peters Foy
Marjorie Lois Francis
Eleanor Dalton Singletary Friday
Aaron “A.Y.” Fuller, Jr.
James Gaddy
Melba D. Gaddy
Manfred John Gaiser
Bruce Emmett Garrett
Carol Ann Garrett
Dr. Susan Virginia Gibson
Wade J. “Tommy” Gibson
Angela Gigliotti
Eva “Evi” Welsch Ginn
Jean Lavinder Glenn
Vela Godwin
Willa Campbell Gold
William “Bill” Goncharow
Conrad Edward “C.E” Gordon, Jr.
Larry Frank Grand
Sarah Garrett Gray
Joseph Greenfield
Earl Dean Greeson, Sr.
Carlene Ryan Groendes
Geraldine Gutbrod
Barbara “Bobby” L. Zaleon Guthmann
Flora Jackson Hanchrow
Lucy Neal Brooks Harrell
Abner Mack Harrington
Dorothy Vernon Harris
Kirk Walter Harris
William Davis Harris Sr.
Renée Saunders Harrison
Herbert Lee Hartsook
James “Jim” Stokes Harvey
Edna Pearce Heath
Kenny Helms
Jean Willard Henry
Elizabeth Ferle Hensley
Mae P. Herring
Robert Allen Hewett, Sr.
Geraldine “Jerri” Barrett Higgins
Samuel Marcus Hilliard
Hilda Penn Hines
Mary Louise “Dee” Price
Boquist Hodgin
Roland Greer Holman
Oscar “Lee” Hooper, Jr.
Farisa M. Horton
Vergie Cash Howard
James Dallas Howell III
Barbara Denning Hudson
Teresa Tolbert Hull
Mary Elinor Davis
Crawford Huntley
Eloise Ingle
Frances Adele Rives Ingram
Joan Falk Isaacsen
Natalie Willwerth Jackson
Dru Richard Jarrett
Everett Nesbitt Jarrett Sr.
Common Myths About Hospice

**MYTH:** Hospice should be called only in the last moments of life.

**FACT:** The earlier hospice is used, the more benefit patients and families get from the care. Pain and symptom management is more effective when delivered earlier in the disease process. Families often tell Hospice and Palliative Care of Greensboro (HPCG) they wish they had called hospice sooner.

**MYTH:** All hospices are the same.

**FACT:** While the federal regulations governing hospice programs require the same standard services, that does not mean they are all the same. HPCG has been serving children and adults in Guilford and surrounding counties for more than 30 years.

**MYTH:** Hospice is only for the dying patient.

**FACT:** HPCG focuses on the grieving family as much as the patient. We have a team of professionals who help with grief management and a variety of other services that benefit the patient’s loved ones before and after a loss.
Dr. Claibourne Worth “Clay” Poindexter
Jean Ferguson Porterfield
Robert Charles “Bob” Postels
Robert N. “Bob” Powell
Peggy Cooper Prevette
Audrey Whitaker Price
Cline Raymond Price
Joyce Marie Newsom Purdom
Betty Key Putnam
Constance H. Quinby
Frank Paul Rakestraw
George William Ramsey, Jr.
William Derek Roach
Aldwin “John” Augustus Roberts
Carolyn McCollum Robertson
Margaret Tuttle Robinson
Lucy Smith Rogers
Alice Romer
Marianne Heineberg Rosthal
Robert Douglas Rothrock, Sr.
Edward Phillip Roy
Hazel Rutherford
Earl R. Sage
Joseph Alonzo Sams, Sr.
Christine Williams Sandford
Everett Benjamin Saslow
Paul F. Scott
Claude Harold “Hod” Shankle
Donald J. Shaughnessy
George Washington Shelar
Jacqueline “Jackie” Davis Shelton
George James Sipsis
Thomas E. Slaughter
Florance Hughes Smith
Josephine R. Smith
Miranda Stephens Smith
Dr. William Siegfried “Sig” Smith, Jr.
Merle Ray Snow
Katherine “Kathy” Ray Snyder
Grace Soenksen
Darrell Martin “Marty” Southard
Krish Zimmer Spiess
Margaret Jarrett Staley
Betty Lou Coley Standridge
Marie Quate Stanley
H. Frank Starling, Sr.
Iris Leonard Starling
Jerry Wayne Stewart
Fairy Davis Strader
Warren H. Swangin
Marna Margaret Sweeley
Joan Arlene Szamier
Betty Teague Taylor
Helen Lanier Taylor
Howard Samuel Taylor
Shelton C. Taylor
Paul A. Teich
Andrew “Slug” Thompson, Jr.
Lillian “Lil” Kraemer Thorne
Eliza Till

Thelma Loftis Toler
Catherine M. Turner
Shelley Brower Tutterow
Silas Jones Walker, Jr.
Amy Belle Wall
Ruth Dodson Bailey Ware
Margie Church Warrell
Jack B. Weaver, Jr.
Bettie Parsons Webb
Robert Lee Webb
Ruby Coplan Webster
Barbara “Bobby” Weisberger
Helen Welborn
Mary Hubbard Price Werner
Annie Belle Brady Westcott
Jessie Lee Shropshire Whitt
Albert Green “Bert” Wilder
Carl Randall “Mike” Williams
Fred Amos Williams Jr.
Fred A. Williams
Lorene Elizabeth Krites Williamson
Rosa Moore Redding Williamson
Lenora S. “Shirley” Bethel Willis
Erline Jessup Winfree
Herman Winfree
Charles “Chuck” Woellner
Patricia Beck Yarbrough
Jane Weeks Young
Harold David Yow

Every effort has been made to include and correctly list all the names of persons honored or remembered since our last issue of NewsLines. This list represents those tributes received between January 1, 2013 and March 31, 2013. If we have made an error, we hope you will give us an opportunity to correct our mistake in our next issue. Please call the resource development department at 336.621.2500.

Connect with HPCG

Connect with Hospice and Palliative Care of Greensboro (HPCG) online for more resources. Learn about our programs at www.hospicegso.org. Discover blog articles by our experts. Visit our social media outlets to stay connected.
Giving Matters

HPCG Supporter Asks How to Create a Gift with Lasting Impact

We make an annual gift to Hospice and Palliative Care of Greensboro (HPCG). Our gift to HPCG is important to us, and we would like to make certain that this annual gift continues after we both die. However, we do not want to give all of the money in a lump sum that could be used all at one time but rather would like an annual gift to be made to HPCG to assist with their annual operating budget. How do we make this happen?

We shared this question from a donor with HPCG Board Member Ron Johnson, an estate planning attorney, who kindly shared this response.

There is an easy way to achieve your goal. This is what I call “endowing your annual gift” to a charitable organization. I recommend that you make a lump sum contribution at your death to the HPCG Endowment Fund. This plan would allow HPCG to invest your gift and then withdraw a portion of the income it earns each year in perpetuity. Most endowment funds have an average annual payout of four to five percent of the value of the fund. If you bequeathed a sum of $25,000 to the HPCG Endowment Fund and if that payout was at four point five percent in the first year, then HPCG would receive $1,125 from the endowment to assist with its programs. In perpetuity means that the endowment fund would pay HPCG the annual endowment each and every year. When conservatively invested and with a conservative payout, hopefully the sum in the endowment would grow and support an increase in the annual payout to HPCG.

Therefore, it is easy to endow your gift to HPCG. You could fund that gift during your lifetime with a gift of cash, appreciated stock or real estate. Alternately, you could bequeath that amount at death by a bequest under your will, designation of beneficiary of a life insurance policy or designation of beneficiary of an IRA.

By endowing your annual gift in this manner, you will make certain that HPCG receives your annual gift in perpetuity. Endowing your annual gift creates an endless legacy in your honor.

<table>
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<th>If your annual giving level is:</th>
<th>Consider endowing your annual gift with a bequest of:</th>
<th>Which, in perpetuity, at a four point five percent return, could annually generate:</th>
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As a new feature in NewsLines, “Giving Matters” will be a recurring article to answer your questions about giving. If you have a question that you would like answered or if you would like more information on this article, please contact Paul Russ, MFA, CFRE, vice president of marketing and development, at 336.621.2500 or pruss@hospicegso.org.
HPCG Honors Local Veterans

Hospice and Palliative Care of Greensboro (HPCG) staff and volunteers collaborated with community members to create and collect Valentine’s Day cards for hospitalized veterans at the Salisbury and Durham Veterans Administration (VA) Medical Centers. This year staff and volunteers collected more than 400 carefully crafted and unique cards. A heartfelt thank you goes out to everyone who made this year’s project a success!

Each year HPCG honors its veteran patients during the VA national salute to veteran patients held the week of February 10-16.

“This simple showing of thanks by creating valentines demonstrates our employees’ commitment to the We Honor Veterans initiative,” said Clay Smith, vice president of human resources. “I continue to be amazed by our staff.”

Today, one in four dying Americans is a veteran. These men and women often carry experiences from their military service that present unique challenges. In 2011, HPCG joined the Hospice-Veteran Partnership, which focuses on collaborating with community organizations that serve veterans. This partnership allows HPCG to strengthen awareness about its programs and educate caregivers about end-of-life care services. Programs like this teach others life lessons about citizenship and contributions veterans make to the country. It also provides an opportunity for the community to become acquainted with volunteer opportunities at HPCG.

“Our staff eagerly created valentines for veterans and involved their families, parents, children, spouses and our community in the project,” said Smith. “The We Honor Veterans initiative is alive at HPCG!”

Grieving Children Remember Loved Ones

Kids Path had an excellent turnout for the Make-A-Memory Bear workshop held in February. Children learned that memories can be held in their hearts and in their arms! While the workshop creates an environment for kids to express their feelings, it also teaches children to remember their loved ones.

“I feel as if I have witnessed something magical tonight. I have watched limp pieces of fabric come to life and be transformed into treasured objects,” said a Kids Path volunteer. “These bears will become symbols of cherished memories – that can be held for a lifetime.”

Children and teens made teddy bears using fabric from an article of clothing that once belonged to their loved one who had died. Each participant carefully filled their bear with love, secret messages and even a little magic wish-dust. These uniquely created bears will not only bring comfort and care to the children who created them but will become a symbol of cherished memories that will be held for a lifetime.

While adults are often tempted to shield children from the harsh reality of death, the Make-A-Memory Bear workshop provides children an opportunity to cope with difficult feelings surrounding the loss of their loved one while learning to express themselves in a safe environment.
High School Student’s Senior Project Benefits Kids Path

Kayla Hendrix, a student at Providence Grove High School in Climax, N. C., selected serious childhood illness as the topic of her senior project. During the course of her assignment, she raised $225, collected 455 children’s books and 175 snacks for Kids Path. Hendrix chose this topic because her sister, Kindley Hendrix, was diagnosed with cancer as a young child. She endured aggressive treatment and was under the care of Kids Path until going into remission three years ago.

“My sister’s Kids Path nurse, Sarah Turner, was always so positive and encouraging to my sister and even to me,” said Hendrix. “We looked forward to her visits and I decided then, I wanted to be able to do what she did – work with sick children. I’ve never wavered from that goal.”

As Hendrix gathered research for the written portion of her project, she turned to Kids Path and her favorite nurse. “After making home visits with Turner, I feel even more certain of my decision to pursue healthcare,” said Hendrix.

In December, Hendrix received notification of early acceptance to UNCG. Her goal is to become a nurse practitioner … maybe we’ll see her at Kids Path one day.

MLK Day of Service

In honor of Martin Luther King Jr.’s birthday, Hospice and Palliative Care of Greensboro (HPCG) partnered with the Volunteer Center of Greensboro to participate in the MLK Day of Service on January 21.

This year’s event was held at Four Seasons Towne Centre and offered shoppers an opportunity to participate in a service project that would empower individuals to create change through community action.

Students Donate Gift Cards

Students from Strayer University’s Greensboro campus donated $140 in gift cards to Kids Path. Marion Taylor, director of Kids Path greeted the students and explained that the cards will help cover some of the costs related to several spring and summer bereavement activities for children and teens.

The Strayer University students, all of whom will earn their MBA upon graduation in May of 2013, also enjoyed a tour of Kids Path facility and its gardens. “Every quarter I organize a project for one of my classes as a way of spotlighting an organization in our community. It is not only an effective way to learn more about important resources, but it reminds these talented individuals of the gifts they have to give and the satisfaction that can be found in service to others,” shared Lila Jordan, academic dean and faculty member at Strayer.
Kids Path Chosen as Beneficiary of Eagle Scout Project

Rih Bujri, Eastern High School senior and member of Boy Scout Troop 203, chose Kids Path as the beneficiary of his Eagle Scout Project. Assisted by others in his troop, Bujri raised money for necessary supplies and constructed a pair of Adirondack chairs and a side table. The furniture has been placed in an area of the Kids Path garden that is bordered by a tall fence and features a large paved area and a basketball hoop.

Kids Path counselors have long recognized that “shooting hoops” is a great way for a grieving child to relax and feel comfortable enough to explore big feelings. The new seating not only enhances the beauty of that area but offers counselors additional space for conversations, art activities, games and relaxation exercises.

On the evening Bujri received his Eagle Scout Award, he expressed pride in being able to help Kids Path, an organization that has been providing care to Bujri’s younger brother over the past few years. Bujri also acknowledged the many ways scouting has impacted the quality of his life, offering praise to his fellow scouts and his leaders: scout master, Vance Barron and assistant scout masters, Lee Chambliss, Paul Kinser and Rick Hollowell.

Special Thanks...

- **Dean McPhail** has been busy getting the HPCG gardens ready for spring by adding a fresh coat of paint to all of the outdoor wooden furniture.
- **Vandalia Christian High School** students spent the morning on the HPCG campus gathering and bagging leaves and twigs.
- **American Legion Auxiliary Post #265** baked more than 100 cupcakes to be shared with Beacon Place patients and their family members, as well as some HPCG home care patients. The auxiliary, dedicated to honoring veterans through service to their community, supports several local organizations like HPCG who have specific programs that benefit local veterans.

HPCG Selected as Learning Partner

Middle school students of Greensboro Montessori School selected HPCG as their service learning partner for the 2012 – 2013 school year.

By dividing the middle school students into small groups, every student toured Kids Path and Beacon Place, as well as participated in round table discussions on the impact loss and change has on teens. Additionally, all students had several hands-on volunteer opportunities which included such activities as working in the HPCG gardens, wiping down all outdoor furniture and creating crafts, seasonal decorations and baked goods to share with patients.
Counseling and Education Calendar of Events

All events are free, open to the public and held at 2500 Summit Avenue, unless otherwise noted. Registration is required. Contact the Counseling and Education Center at 336.621.5565 or thecenter@hospicegso.org for more information or to register.

**MAY**

**Grief: What to Expect and What Can Help?**
A one-hour information session for adults, who are newly bereaved, to better understand and cope with grief.
**Tuesday, May 7, 6 – 7 p.m.**

**JUNE**

**Loss of a Child**
A support group for parents who have experienced the death of a child of any age.
**Begins Monday, June 3, 6 – 7:30 p.m.**

**Loss of a Loved One**
A support group for adults who have experienced the death of a parent, sibling or other loved one.
**Begins Tuesday, June 4, 6 – 7:30 p.m.**

**Loss of a Spouse**
A support group for adults who have experienced the death of their husband or wife.
**Begins Wednesday, June 5, 1:30 – 3 p.m.**

**Loss of a Spouse or Constant Companion**
A support group for adults who have experienced the death of their spouse or life partner.
**Begins Thursday, June 6, 6 – 7:30 p.m.**

**What do I say? A course in talking about death and dying**
A seminar co-sponsored by the Greensboro Area Health Education Center and HPCG. The event will be held at Wesley Long Community Hospital located at 501 N. Elam Avenue, Greensboro, NC 27403. Lunch is included and there is a fee for this course. Register online at www.gahec.org or via telephone at 336.832.8025.
**Friday, June 14, 8:30 a.m. - 4:30 p.m.**

**August**

**Grief: What to Expect and What Can Help?**
A one-hour information session for adults, who are newly bereaved, to better understand and cope with grief.
**Monday, August 5, 6 – 7 p.m.**

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**Support for Adults**

Often times when a friend or loved one is grieving, we aren’t sure what to do or say. This leaves us feeling inadequate and awkward when it comes to offering support. However, the care and support of friends and loved ones is important throughout the healing process of grief. If you can simply communicate that you care by your willingness to listen, you can provide much needed support to your grieving friend.

Talking about the loss of a loved one and the adjustment issues involved can be helpful to you and others who grieve. Because the needs of a family and main caregiver continue after the death of a loved one, hospice care continues throughout the first year of bereavement as grief support. HPCG makes this support available at no charge to those served by HPCG as well as anyone in Guilford and surrounding counties grieving the loss of a loved one.
All events are held at Kids Path, located at 2504 Summit Avenue, unless otherwise noted. While all groups are free and open to the public, registration is required. Some events require a materials fee. Call 336.544.5437 to register for a workshop or to schedule an individual counseling session.

**MAY**

**Thrive**
A monthly gathering for teens living with chronic illness.
Thursday, May 9, 6 p.m. – 7:30 p.m.

**RTIME2B Camp Reunion**
A reunion gathering for CHAMP Camp Teen Campers.
Thursday, May 16, 5:30 p.m. – 7 p.m.

**Kids Path Memorial Service**
A service honoring the memory of children and teens who have died while in the care of Kids Path over the past three years. Invitation-only event.
Sunday, May 19, 3 p.m. – 5 p.m.

**JUNE**

**RTIME2B**
A gathering for grieving teens (sixth to twelfth graders) coping with the illness or death of a loved one.
Tuesday, June 4, 5:30 p.m. – 7 p.m.

**Thrive**
A monthly gathering for teens living with chronic illness.
Thursday, June 13, 6 p.m. – 7:30 p.m.

Are you interested in becoming a volunteer with Hospice and Palliative Care of Greensboro (HPCG)? Please register to attend a session. Contact Brenda Harris at 336.621.2500 or bharris@hospicegso.org. All sessions are held at 2500 Summit Avenue.

**MAY**

**Volunteer Information Session**
Monday, May 6, 6 - 8 p.m.

**JUNE**

**Volunteer Information Session**
Monday, June 3, 6 - 8 p.m.

**JUNE**

**Direct Patient Care Training**
Saturday, June 1, 8 a.m. - 4:30 p.m.
Saturday, June 8, 8 a.m. - 1 p.m.

**AUGUST**

**Volunteer Information Session**
Monday, August 26, 6 - 8 p.m.

**SEPTEMBER**

**Volunteer Information Session**
Monday, September 16, 6 - 8 p.m.

**OCTOBER**

**Volunteer Information Session**
Monday, October 14, 6 - 8 p.m.

Volunteers interested in patient care training must first attend a volunteer information session.