Lusk Center to Honor Hospice Pioneer

Construction workers broke ground in January on a new caregiving education and administrative center for Hospice and Palliative Care of Greensboro (HPCG) that will be named after the late Dr. John Alexander Lusk III. The HPCG Board of Directors approved the naming honor to celebrate Lusk’s pioneering role in hospice care locally and for his passion for life-long learning.

“Our board felt this was a fitting tribute to recognize Dr. Lusk’s visionary role in HPCG’s history, as well as for the many ways John and his wife, Barbara, have supported us,” said Pat Soenksen, president and CEO. “Both Barbara and ‘Dr. John,’ as we knew him, are much beloved by our employees and the community. Placing his name on the new education center highlights and honors Dr. Lusk’s legacy in the hospice movement and his steadfast commitment to education.”

Lusk, who died in 2010, was one of the original volunteers to serve on the steering committee that established HPCG more than 33 years ago. He is credited with making the first patient referral to HPCG and served for many years as HPCG’s medical director, including working right up until days before he died.

“Countless lives in our community were touched by Dr. Lusk,” said Dr. Patrick Wright, HPCG board chair. “As Greensboro’s first medical oncologist, he provided expert cancer care for patients and their families with a kind and comforting touch. Dr. Lusk was well-known for being an early adopter of computerization in health care and is considered a mentor for many Greensboro physicians, including myself.”

An integral part of HPCG’s history, Lusk was humble about his role in the early years of the hospice movement in the late 1970s. While he was trained in a traditional medical model of health care, Lusk recognized that hospice would transform medical and supportive care for patients and their families at end of life. He quickly embraced and championed hospice care for his patients.

Over the past decade, the average number of patients HPCG serves on any given day has more than doubled from 170 to now 350 patients. “This dramatic growth required a 62.2 percent increase in our staffing,” said Soenksen. “The majority of this growth has occurred by expanding hospice care to residents of skilled-nursing homes and assisted-living facilities.”

Continued on page 3
New Year, New Building
A Message from Pat Soenksen, President and CEO

As we go to press, sadly we note the loss of two people who have made a positive difference in Hospice and Palliative Care of Greensboro’s (HPCG) development throughout the years. Mrs. Clarence Jones, an HPCG board member from 1992-1998, died on October 22. As a couple, Clarence and Bill Jones were lead donors for the Kids Path 20th Anniversary Campaign and honorary chairs of the 25th Anniversary Campaign for endowment building. We will deeply miss Jones’ passionate support, playful spirit and generous heart.

On December 27, Greensboro lost one of its true gentlemen, and highly regarded community leaders, Jack Warmath. Just this past year, Jack and Sarah Warmath enthusiastically chaired HPCG’s Annual Campaign. They have been actively engaged in and supportive of HPCG’s programs and capital campaigns for many years. We sincerely thank the Warmaths for working tirelessly to make Greensboro a better place to live and work for all of its citizens.

Just as Jones and Warmath positively impacted HPCG’s ability to grow and offer innovative programs, we are again poised to expand our capacity to better serve the community. Our cover story highlights HPCG’s exciting plans for the Lusk Center, which is being constructed across the street from our main campus. And the good news is that our new property also allows for future expansion, if and as needed.

Expanding HPCG’s capacity to serve the community will allow more patients to live fully, with dignity and support, until the end of life. After life ends, HPCG will help caregivers adjust to the loss and live more fully themselves.

Please stay tuned for more information about our exciting expansion plans. We look forward to welcoming our supporters and the community to a ribbon cutting ceremony in late summer of 2014. Photos of the construction progress will also be available on our website at www.hospicegso.org.

Pat Soenksen
Finding Meaning in Old Pleasures

Dorothy had always been a very independent woman. While her life had not been easy, she had worked hard and made a good home for herself and her three daughters. But illness changed Dorothy’s ability to be on her own. Soon it became apparent she would need the 24-hour care that a skilled-nursing home could offer.

As Dorothy’s illness progressed, the nursing home staff suggested that hospice care would be beneficial. The family requested Hospice and Palliative Care of Greensboro (HPCG) and the referral was made.

As various HPCG team members began to visit, they recognized that Dorothy was struggling to find any joy in her life. Thankfully, helping others discover what brings them happiness is what clinicians, such as Donna Anthony, social worker, can offer.

When Anthony visited, she asked to hear stories of Dorothy’s life, most of which featured cooking and favorite recipes. Dorothy not only loved to cook for family and friends but had spent most of her adult life working in restaurants.

Anthony decided that getting Dorothy back in a kitchen might be what was needed to pique her interest and connect her memories. Since a kitchenette was only a few hallways from Dorothy’s room, a plan was hatched.

Dorothy loved selecting recipes for their cooking sessions, but her low energy levels kept her from doing much more than offering direction and cooking tips. However, the day she and Anthony baked biscuits, everything changed. Dorothy’s frail little hand ached for the touch of the dough. She smiled broadly as she rolled it around in her palm, creating a biscuit and capturing a precious moment in time.

Shortly before Dorothy’s death, she celebrated her birthday, surrounded by her family. Anthony was there, along with other HPCG team members and nursing home staff. As you can imagine, there was a cake, homemade by her youngest daughter and frosted in Dorothy’s famous Seven Minute Icing recipe – the same recipe Dorothy had used on every birthday cake she made. It was hard to know what was sweeter that day, the memories or the cake. But one thing was sure, recipes like love are made for sharing.

Lusk Center continued from page 1

As a result, HPCG’s work space is overcrowded. Educational and meeting space is severely limited, and the current campus does not allow for additional expansion. The Lusk Center will allow HPCG to relocate staff from overcrowded workspace and bring its long-term care hospice teams, currently in leased space, back to the main campus. Most importantly, the educational portion of the building will allow HPCG to resume offering community outreach and professional education. These crucial activities, essential to HPCG’s mission, have been curtailed in recent years because of severe space limitations. Fortunately, one of the Lusk Center educational rooms will accommodate up to 100 people!

Teague, Freyaldenhoven & Freyaldenhoven Architects and Planners of Greensboro, has designed the 15,000 square-foot center. The project, including the land, is estimated to cost $3.75 to $4 million. HPCG has launched a capital campaign to raise the support needed to fund the project.

“This is a crucial campaign that will expand our capacity, and we are very pleased with the early strong community support we have received for the project,” said Wright. “The Lusk Center will be the transformative catalyst that allows HPCG to meet immediate needs and also provides for future expansion.”

Create a Lasting Tribute

On Valentine’s Day 2013, Tom Kaszuba bought roses for his beloved “Gee”. He placed them beside the brick bearing her name, wiping away the trace of snow that had fallen early that morning. It was a beautiful way to honor and remember their 47 years of marriage and to celebrate the love he continued to hold in his heart.

For information about the purchase of a commemorative brick, please contact Mary Anderson at 336.621.2500 or manderson@hospicegso.org. Order by June 30, 2014 for October 2014 installation.
Elks Club Golf Tournament Raises Funds and Awareness

For the third consecutive year, Greensboro Elks Lodge #602 has named Hospice and Palliative Care of Greensboro (HPCG) as the beneficiary of its annual golf tournament. Held on September 13, at Bryan Park’s Player’s Course, the event raised $21,250!

HPCG applauds the diligent efforts of Gary Selders, tournament director, and Ace Kirkman, chair, along with the entire tournament committee. They presented a well-organized event with great prizes, good food and lots of fun.

Of course the great success of this event lies with the generosity of sponsors, many of whom represent long-standing relationships cultivated by the Elks Lodge over many years. The major sponsors for this event include, Greensboro Elks Lodge #602, Apple Tree Academies, CMB Investments, Carolina Bank, Forbis & Dick Funeral Services, Inc., North Carolina Eye Bank, Ozone Waste Solutions, Columbia Forest Products and Denise and Michael Peterson.

Selders shared, “We are very proud to have raised more than $55,000 for HPCG these past three years. HPCG is a fantastic organization that does so much good for the people of Greensboro.” Selders continued, “We are honored to be able to do our part in supporting such a great organization and of course we look forward to another great tournament next year.”

Located on Cornwallis Drive, the Greensboro Elks Lodge #602 has a long rich history of investing its financial support, as well as its members’ time and talents to enrich the community and beyond. Some of the charities it currently supports include A Flag in Every Classroom in Guilford County, Camp Carefree in Stokesdale, Veteran’s Hospital in Salisbury and the NC State Veteran’s Home, as well as many local efforts that honor and assist veterans.

Promenading for Hospice

This past fall, the North Carolina Folk Round & Square Dance Federation hosted its annual meeting and ball. Since 1990, more than 125 western style dance clubs throughout the state have been promenading and raising money for hospice organizations. A total of $839,672 has been raised by the federation to support excellent end-of-life care in North Carolina. These dedicated dancers were able to raise nearly $36,000 this year to be distributed to 35 hospices in North Carolina through the Carolinas Center for Hospice and End of Life Care.

Local club member and one of the event organizers, Latrelle Batten, extends an invitation to Hospice and Palliative Care of Greensboro (HPCG) each year to attend the annual event. “Many of us have used the services of hospice over the years and we value the compassionate care given to the patients and their loved ones,” Latrelle shared. “Dancing is our passion, and it is a great way for us to give back to the community by doing something we enjoy.”

The proceeds presented to HPCG by the North Carolina Folk Round & Square Dance Federation for 2013 were $1,143. Now in their 21st year of supporting us, the federation has raised $76,960 for HPCG!
Spreading Holiday Cheer

Individuals, faith-based organizations and businesses in Guilford County and surrounding areas provided much needed support to children and families served by Kids Path and Hospice and Palliative Care of Greensboro (HPCG). With gifts of money and in-kind donations of items such as program supplies, gift cards and food, generous support helped many underprivileged and special needs families have a wonderful holiday season. Thank you to the many companies and individuals that addressed the critical financial needs of adults and families served by HPCG.

**Holiday Cheer Donors**

- Ackley Family
- Adams Family
- Allen Tate Realtors
- American Hebrew Academy
- Bacon Family
- Bell House
- Boxer Freight
- Brake Family
- Building Lives Christian Center
- Cone Health CareLink Mobile Critical Care
- CBRE Triad
- Cirincione Family
- Continental Societies, Inc., Wilmington Chapter
- Cueva Family
- Daniel Family
- Delta, Delta, Delta, Greensboro Alumnae Chapter
- Downtown Fitness
- First Baptist Church No. 2 Mission Circle
- First Presbyterian Preschool
- Greensboro Pathology
- Haaf Family
- Hickman Family
- Jackson Family
- K-marie Kare Products
- Lake Family
- Lambert Family
- Lighthouse Trio
- Lohr Family
- Moses Cone Hospital, Cytology Department
- National Council of Negro Women, Alamance-Guilford Chapter
- Neal Family
- New Zion Missionary Baptist Church
- Pancoast Family
- Pearson Family and Friends
- Mary Susan Ross
- Sinnott Family
- Surgical Center of Greensboro
- Syngenta Crop Protection, Inc.
- Thompson Family
- Turner Family and Friends
- United Healthcare, Advanced Illness Department
Gifts to HPCG October 2013 - December 2013

Honorariums
Carolyn Aldridge
John Allgood Jr.
Sally Anderson
Shirley Archibald
Beacon Place Staff
Larry and Bonnie Brooks
Dr. and Mrs. Lawrence Brotman
Mr. and Mrs. C. W. Canada
Tracy Carpenter
Jim and Jonni Catlett
Josh Charlet
Bonnie Cienek
Linda and Ned Cline
Oren L. Coble
Barbara Cone
John Connor
Susan Cox
Laura Crawford
Tommy and Dee Curtis
Caron Cone Douglas
John G. B. Ellison Jr.
Pete and Launi Evenson
Evonik Industries’ Customers and Business Partners
Nancy Fox
Mr. and Mrs. John R. Fuchs
Melanie Fuqua
Debbie Garner
Michael Gaspeny
Pat Gibbons
Tab Haigler
Risa Hanau
Ross Harris
The Rev. Jack Heath
Dr. and Mrs. Xaver Hertle
Hoppy and Bill Hervey
Audrey K. Hill
Lisa Hill
Sandy Woodard Hipps
Dean and Barb Hollandsworth
All Hospice Patients
Mary L. Hoyle
HPCG Staff
Frances and Floyd Jackson
Harris and Marion Johnson
Lynn Jones’ Birthday
Monica Jones
Tresa and Rodger Kleisch
Cynthia Knust
The LaFave Family
Betty and Robert Little
Cathy Lohr
Barbara A. Lusk
Molly Canipe Lyle
Dr. Stephen Mackler
Inga Marohn
Michelle Mason and her coworkers
Bonnie and Dan McAlister
Davis McDonald
Charles Mortimer
Bill Oncea Sr.
William and Jennie Oncea
Dr. and Mrs. Louis Patseavouras
Sarah Poole
Russell and Doris Rich
Paul Russ and Staff
Christie Schatz
Dr. Ernie Schiller
Doris Scott
Emily and Andrew Seepes
Mr. and Mrs. Jack Selig
Dr. Mark T. Shapiro
John and Sally Sherrill
Pat Soenksen
Speciality Products and Insulation
Mr. and Mrs. W.R. Stafford III
Mr. Hal Stoneking
Dr. Stuart Tafeen
Sarah Turner
Jack and Sarah Warmath
Mr. and Mrs. John C. Watson III
Susan Watts
Dr. Peter Whitfield
Judie Davie-Wright
Bob Yarmuth

Memorials
James Byron Adams Jr.
Betsy Mae Adkins
Lewey Glenn Alexander Sr.
Mozelle Allen
Garney Ralph “G.R.” Allred Sr.
Mamie Gray Smith Alston
Rose Amarante
Mary Lytton Amick
Minnie Ruth Green Armstrong
Georgia Beaver Austin
William Preston Aycock II
Betty Griesinger Sink Aydelette
Fannie Baldwin
Charles D. Barton
Donald M. Baxter
Helen Juanita Cox Baysinger
Dr. William Olive Beavers
Mary Daniels Becket
Hansel Clarkson Beeson Jr.
Dennis Watson Bell
Helen J. Bell
Pearl Matheson Bell
Hilda Benjamin
Irving Benjamin
Jeannette Marie LeClercq Bessler
Robert Eugene Bilbro
Philis Ann Bird
Barbara Parriss Clapp Black
Elizabeth “Bettie” Smith Blandin
Victor “Vic” Alexis Blandin
Vickie Boatner
Cecilia Bonino
Erica Bailey Booker
Jerel T. Boone
Sharon Bates Bostic
The Rev. Paul Meredith Bradley Jr.
Nancy Laughlin Branson
Marcia Patton Breedlove
Judithe Bald Briggs
Melissa Chambers Britt
William Jaiden Britt
Robert Brower
Dale Lee Brubaker
Bettye Jo Soloman Brumback
Jack Douglas Bryant Sr.
Sylvia L. Burleson
Henry Francis “Frank” Butler
Robert “Bob” W. Butler Sr.
Julius Cahn
Page Calloway
Gifts to HPCG October 2013 - December 2013

Deceased Family Members of Edwin and Peggy Campbell
Betty Gibson Cannon
Lawrence “Pete” V. Carter
Lester Lee Carter Jr.
James W. Case
Beverly Dodd Cashwell
Ernest M. Cassell
Harry T. Catapano
Buddy Caudle
Barbara M. Chance-Figaro
Dorothy “Dot” Ruth Marshall Chandler
Pamela Hernandez Charles
Rachel Louise Teague Charles
Roy Ivan Church
Raymond Paul Cienek Sr.
Barbara Lee McDonald Clark
Betty Gwynne Clontz
James Clontz
Shirley O. Coble
Marion Reese Cochran
Floyd Franklin Cocklereece
Kylikki “Keke” Collings
Shirley Comer
Barbara Hunt Conaway
Beatrice V. Conover
Elizabeth Kincaid Conrad
William Borah Copeland
Harry Kerman “Kerry” Copley III
Pauline Vilma Cavazzini Corini
Norma Jane Simpson-Cox
Robert H. Cudd
Esther Roberts Cummings
James B. Curl Jr.
David B. Curland
Bill and Virgina W. Dagenhart
Carlos Eugene Darnell
Edwina M. Davis
Eleanor Elizabeth “Betty” Spangler Davis
Morton Dearing
Carolyn Grant DeLapp
Valeria Jones DeLoatch
Betty Dery
Shardaben C. Desai

Frankie Ledbetter Dickson
Johanna Christine Hilgers Dickson
David Leroy Dixon
Banks C. Doggett Jr.
Dean C. Dowler
Margaret “Maggie” F. Doyle
William G. Duncan IV
Johnnie B. Edwards
Benjamin Egidio
Robert Egidio
Annie Merle White Elam
Jeannette C. Ellington
Walter D. “Dud” Ellis
Mary Jo Whitted Elmore
Jack Hunter Eppley
Esther Layson Erlewein
Hilary Ann Erskine
Dr. William “Bill” Myles Evans
Allen Wilburn Everhart II
Allen Wilburn “Bill” Everhart
Elizabeth Sellars Farmer
Priscilla Lana Woodall Farmer
Larry Gordon Fields
Ruth K. Fields
James George Fisher
Betty Ray Florance
The Rev. John Charles Foltz
Mary Boone Fore
Dorothy Jean Fortson
Professor Foster
Betty Ivey Foust
Allen C. Freiberg
Eleanor Dalton Singleton Friday
Dr. Peter Paul Fuchs
Arnold Deleno Fulp
Thomas Lee Fuqua
Katie Jackson Furr
Nevada Garrison
Rebecca “Becky” Winfree Gatewood
Betty Gerber
Doris Smith Gerringer
James A. “Jim” Giles
Joseph “Joe” C. Gillispie
Sterling and Mary Gleason
Johanna “Ria” Goldberg
Michael Goodwin
Adrian Granados
Tui Grant
Weldon J. Graves
Benjamin “Carl” Gray
James Conley “J.C.” Greene Jr.
Ernest Norman Greeson
Lawton Douglas Gresham
Cecil B. Grimes
Muriel L. Gruen
Barbara “Bobby” L. Zaleon Guthmann
Gloria Lee Sherwood Hahn
Sherman Ward “Pops” Hailes
Rossetta “Rose” Weavil Hailey
Betty Gibson Cunningham Hall
Irene “Cissy” Vinson Hall
Ellen Kirkman Hancock
Myra Lynn Coltrane Hargrett
Linda Ann Motsinger Harlan
Glenda Lee Harris
Patty Hedrick
Martha “Patsy” Hedrick
Barbara Lane Herndon
Frederick “Fred” Albert Ley Herschler Jr.
Lynn Marguerite Lortz Herzberger
Anna Lee Hammit Hess
Carolyn “Dawn” Hester
Betty L. Hickman
David Emanuel Hickman
Bennie Higgins
Samuel Marcus Hilliard
Catherine Welborn Brady Hipp
Ruth Beckley Hoffman
Adelaide F. Holderness
Jackson McIntosh Holliday
Marcine Holloway
Pearl “Eyvonne” Holloway
Rebecca Eloise Bostick “Teny” Holt
George Joseph Holub
Charles Wayne Honeycutt
Farisa M. Horton
Harriet Winston “Hattie” Horton
Vergie Cash Howard
Terry Hubbard
Robert Lee Huffine Jr.
Eloise Denton Huffman
Gifts to HPCG October 2013 - December 2013

Charlotte W. Hunt
John William “Bill” Ingram
Tony Lazzarie Ireland
Katherine Jackson
Jean and Norma
Z. D. Jernigan
Columbus Elmore Jobe
Delsie Marie Quinn Johnson
Elmer Charles Johnson Sr.
Patricia “Pat” Gordon Johnson
Boots Payne Jones
Clarence Call Boren Jones
Homer Sanders Jones
Janet Jones
Jewel Elzy Jones
JoAnn Hawkins Jones
Ruby Mae Williamson Jones
Herbert R. Jones Jr.
Mort Kaye
David Langston Kearns
Herbert James Keeler
Kenneth W. Keith
Virginia M. Kendrick
Richard F. and Edith Kennedy
Mary Frances McGee Kindley
Geraldine “Gerry” C. Kirkpatrick
Betty J. Krieg
Daniel Kuoni
Charles Lee Ladd
Millicent “Mille” Corsbie Lambert
Richard “Dick” Lambeth
Cleo Edward Land Sr.
Robert “Bob” S. Langer Sr.
John H. Lewis
Fontaine Crist Linnane
James Edgar Longworth Jr.
Robin D. Lore
John Lowe
Nancy Martin Lowe
Blanche E. Lumley
Thomas Calvin Luper
Dr. John Alexander Lusk III
Jedediah “Jed” Matthew Lyons
Christopher Derek Manning
Francis Manuel
Stan Martin
Sylvia Marie Stephenson Martin
H. Robert “Zeke” Martineau
Katharyne “Kathy” Louise
Jewett Mascia
Bessie Mason
Martha Catherine “Cat” Maxwell
Mildred “Peggy” Mayberry
Joyce L. Mayfield
Emma Morgan McAdoo
Marie-France McBinney
Lytle David McBride Jr.
Thomas W. McClure
Mary Elizabeth Nance McGee
Marian McGowan
Raymond Kenneth McGuire
Sarah Louise Moore McMichael
Nancy Jones McPeak
Mary Moira McQuade
Teresa McRae
Peggy Wolfe Mebane
Rita Medoff
Marjorie Mendelsohn
Edna Brown Michael
Wildan Courtney Middleton
Everett Alan Miles
Allan Robert Miller
Billy “Bill” Spencer Miller
James “Jim” Marion Millican
Edgar Allen Mills Jr.
Mary Alice Moody
Hilda G. Moore
John W. Morehead
James “Jim” Andrew Moser
Marshall David Moser
Eddie Mullins
Lavon Lucille Myers
Dorothy Neal
Marilyn Neerman
William “Bill” Dempster Neese
Bobby Newell
Harvey Baugh Newnam
Blanche M. O’Ferrell
Howard W. O’Ferrell
Raymond O’Ferrell
Mary Margaret Ellis Oakley
Roy Edward “Eddie” Osborne
Doris Elaine Richardson Owens
Dot Oxenfeld
Lester and Betty Parrish
R. C. Parsons
Yates Parsons
Ruby Quick Patterson
Robert Paul Payne
John M. Peacock
Jessie “Jeep” O. Pegram
Larry Perkins
Edwin “Eddie” T. Pickard
Ossie Eddie Pickard
Anne Rigby Pierce
John Russell Pinkelton
Mary Lou Smith Polinsky
Robert “Bob” Charles Postels
Frances Ruth Powell
Eula Gannon Pugh
Kevin Michael Pulaski
Margaret Elizabeth Brady Rains
Marguerite S. Ratcliff
Louise Holland Smith Rayle
Helen Louise Hart Redding
E.P. and Sarah Regan
James Burrows Rich
Wanda Sue Jackson Richards
Florence S. Ricke

29th Annual Light Up A Life

More than 2,800 people were remembered with a Light Up A Life gift this year. Those names are not listed in this newsletter; however, the names were printed in the Light Up A Life program if the gift was received by December 3, 2013. If you would like to receive a copy of this program, call Hospice and Palliative Care of Greensboro’s resource development department at 336.621.2500 or visit www.hospicegso.org/donate/charitable-giving/fundraisers to download a copy.
Gifts to HPCG October 2013 - December 2013

Charles William Ripley Sr.
Aldwin “John” Augustus Roberts
Marvin Lee Roberts
Daniel “Dan” T. Rogers Jr.
Margaret Lewis Ross
Robert “Bobby” Franklin Ross
Donald Sherman Rosselle
Patsy Fargis Royal
Harrison “Hal” Stanley Rudolph
Karen Deshong Shonnie Mingia Salhi
Herbert Norris Sampson
Paul David Schickedantz
The Rev. Dexter S. Schronce
Ola House Schronce
The Rev. LeRoy Alexander Scott
Gail Pastorini Scullion
Jesse Lee “Tony” Seamon Jr.
Joan Throckmorton Setzer
Stanley Shavit
Amelia Kennedy Shelton
Virginia M. Shepherd
Raynelle Fowler Shields
Donald “Don” H. Shiner
Vernon “Bud” Otto Shumaker
Gerald “Gerry” Shuman
Dr. Paul J. Simel
William “Bill” Henry Simpson
Ronald Edwin Sink
Vaughn Clemet Sink
John Henry Skeen
Charles Holman Smith
Donald Smith
Helen Andrews Smith
James Harding Smith
Josephine R. Smith
Julia “Irene” Thomas Smith
Rae Evelyn Crist Smith
Ruth Smith
Willie M. Smith Sr.
Beverly Jane Cannon Smithson
Eston “Billie” Snead
Grace Soenksen
Riva Sommer
John R. Sorge
Darrell Martin “Marty” Southard
Larry Spencer
Mary Lane Spencer
Wilma Lee Stimpson Spillers
Cynthia S. Spinks
Linda Stansbury
Barbara Ruth Steldt
Paul William Stephanz
William “Bill” Stephanz
Robert “Pete” Stevens
Roxaline McQuague Stiles
Fairy Davis Strader
Robert E. Sutton
Helen Bleil Tamburro
Robert Maurice “R.M.” Taylor
Iverdell E. Thacker
Carl F. Thomas
Joanne Thomas
Betty Thompson
Shelby Jean Thornton
Bruce Torres
Gilbert Roy Townsend
Mary Lou Bulluck Townsend
Broadus C. Troxler
John R. Truitt
Emmett Zadoc Tucker Jr.
Mary Beatrice “Bea” Kivett Turner
Margaret “Meg” Harper Tuttle
Edith M. Underwood
Edgar “Bunk” D. Vaughn Jr.
Nancy Crowell Villeneuve
Mary Anne Wheeling Wade
Katharine Wakley
Charles John Walker
Carl Henry Wall
Peggy C. Waller
Bertha Mae Ward
John T. “Jack” Warmath Jr.
Martha G. Warren
John Lamson Washburn
Maurice M. Weinstein
Roger Alan Weinstein
Helen Welborn
Dr. Rheudolph James Wells
Harvey and Elna Westendorf
Thurman Lee Wester
Albert Lee Whitaker
Richard “Dick” Alan White Jr.
Jerry Wayne Whited
Marion Lefler Whitener
Melvin Whitt
Jessie Lee Shropshire Whitt
Memphis Baker Wilkins
Helen Frances Morgan Wilkinson
Robert “Bob” Willen
Helen S. Williams
Joyce Adele Williams
Margaret Betty Guffey Williamson
Juanita Willis
Ralph H. Wilson
James “Jim” W. Wilson Sr.
Martin Lee Wimbs Sr.
Erline and Herman Winfree
Harry Leon Wingfield
Charles “Chuck” Woellner
Jean Mann Sholar Wold
Raymond Wade Wolfe Jr.
Alison Perkins Wood
Ila DeEtte “Dee” Wood
Lelia Ann “Lee Ann” McMichael Wood
Allison Woods
F. Lyndon Woods
Oliver J. Wray Jr.
Dr. Kieth Carter Wright
Richard “Wayne” Wrightson
Dr. Tommy E. Wynn
James Ray Yates
Ezza Farmer York
Catherine “Kay” Hunt Youngblood
Donald Zimmer

Every effort has been made to include and correctly list all of the names of persons honored or remembered since our last issue of Newslines. This list represents those tributes received between October 1 and December 31, 2013. If we have made an error, we hope you will give us an opportunity to correct our mistake in our next issue. Please call the resource development department at 336.621.2500.
When Gayle Smedberg joined HPCG in 1993 as a volunteer, she was not drawn here by a personal loss or a hospice experience. Instead, she carefully selected the opportunity for herself based on her interest in living her life with meaning and intention. She was especially interested in the transitional time between this life and the next place, and recognized she had the heart to be present with someone in that sacred place. Through her years of patient assignments, Smedberg accompanied many patients and family members on their journey, connecting with a wide variety of people and learning and reflecting every step of the way.

Smedberg speaks highly of the initial training and on-going in-services HPCG provides to its volunteers. “That training served me well,” explained Smedberg, “especially when my family and I experienced our own loss. The training and on-the-job experience also gave me the tools I needed to perform the many different volunteer assignments I’ve had over the years.” Smedberg continued, “Whether I’m providing transportation, running errands, filing paperwork in the office, listening to a patient, working in the gardens or participating in a patient vigil, I am holding a very sacred space for someone in need. While that space is not chosen by me, I see it is just the place I need to be.”

In summarizing her volunteer service, Smedberg explained that the very reason she chose to volunteer with HPCG is what keeps her connected today. “At the center, the heart of what every volunteer does is compassion. As the compassion pours in, it ripples outward in multiple directions, touching many as it moves forward. I am honored and grateful to be a part of this beautiful organization.”

More than 100 volunteers attended the 2013 volunteer appreciation luncheon held at Saint Francis Episcopal Church on November 6, 2013. Guest speaker Dr. David Washington applauded the many ways Hospice and Palliative Care of Greensboro’s (HPCG) volunteers make a difference in the lives of others and acknowledged that investing time in someone else is a powerful gift which often inspires others.

The following information highlights the powerful ways volunteers made a difference in 2012-2013.

- Provided 6,15 visits to patients and families.
- Contributed 16,211 hours of service.
- Saved HPCG $113,120 in paid salaries.

Gayle Smedberg Celebrates 20 Years of Service

When Gayle Smedberg joined HPCG in 1993 as a volunteer, she was not drawn here by a personal loss or a hospice experience. Instead, she carefully selected the opportunity for herself based on her interest in living her life with meaning and intention. She was especially interested in the transitional time between this life and the next place, and recognized she had the heart to be present with someone in that sacred place. Through her years of patient assignments, Smedberg accompanied many patients and family members on their journey, connecting with a wide variety of people and learning and reflecting every step of the way.

Smedberg speaks highly of the initial training and on-going in-services HPCG provides to its volunteers. “That training served me well,” explained Smedberg, “especially when my family and I experienced our own loss. The training and on-the-job experience also gave me the tools I needed to perform the many different volunteer assignments I’ve had over the years.” Smedberg continued, “Whether I’m providing transportation, running errands, filing paperwork in the office, listening to a patient, working in the gardens or participating in a patient vigil, I am holding a very sacred space for someone in need. While that space is not chosen by me, I see it is just the place I need to be.”

In summarizing her volunteer service, Smedberg explained that the very reason she chose to volunteer with HPCG is what keeps her connected today. “At the center, the heart of what every volunteer does is compassion. As the compassion pours in, it ripples outward in multiple directions, touching many as it moves forward. I am honored and grateful to be a part of this beautiful organization.”

20 Years
Gayle Smedberg

10 Years
Julie Breuchel
Carol Mata

Five Years
Linda Allgood
June Anderson
Jeanette Barnes
Mary Boozer
Betsy Carner
Cindy Gualdoni
Lauren Honeycutt
Myra Johnson
Fred Koury
Emma Nichols
Vincent Paccione
Don Prelich
Sandy Reasoner
Gretchen West

Volunteers receiving service milestone awards.
Giving Matters
Giving Back Has Its Rewards

 Millions of Americans choose to give back to their communities by making donations to their favorite charities each year. According to the Giving USA Foundation and Center of Philanthropy at Indiana University, charitable contributions totaled more than $316 billion in 2012. Qualifying organizations are those that have been granted tax-exempt charity status by the Internal Revenue Service, and include churches, religious organizations and various organizations that promote education, health and other social services to benefit the general public. While gifts of cash are probably the most common type of gift, many individuals find that it is beneficial to make charitable gifts in other ways. When determining a charitable-gifting strategy, it is important to keep in mind that there are annual limits on the amount you can claim as a charitable deduction for tax purposes, depending on the types of charities you donate to and the type of assets gifted.

**Direct gifts of appreciated securities.** This method conserves the donor’s cash while helping to avoid capital gains tax on the sale of the appreciated security. Generally, you may deduct the market value of the securities (determined at the time of the gift) on your current year tax return.

**Direct gifts of life insurance.** You may choose to transfer a life insurance policy to an organization if the life insurance coverage is no longer required. Transferring the policy to an organization may provide benefits for you and the organization. If the policy has a cash value, the organization may be able to borrow funds from the policy, and you may be entitled to an income tax deduction in the amount of the policy’s value.

**Charitable remainder trust.** This technique lets you make a charitable contribution of assets (property or securities) into a trust in which the assets can be sold without generating current capital gains tax. You may receive an income stream from the trust during your lifetime and a current income tax deduction based on the present value of the future benefit to an organization. The organization receives the assets in the trust, usually upon the donor’s death.

**Charitable lead trust.** This type of trust is the opposite of a charitable remainder trust. An income stream is provided to the charity, while you transfer the remaining interest to your family. A charitable lead trust does not generally entitle the donor to an income tax deduction in the year the trust is established. However, any income generated by the donated assets will be reported by the trust and not the donor. The trust is then entitled to a charitable deduction for any income it pays out to the charity. Unlike a charitable remainder trust, a charitable lead trust does not help you avoid capital gains tax. The benefit of the trust is in the ability to give the assets to heirs at a substantially discounted value.

**Charitable gift annuities.** In this arrangement, the organization promises to pay the donor a constant income stream — an annuity — in exchange for a charitable gift. A portion of the value of the gifted assets is tax deductible to the donor.

**Pooled income funds.** A charitable nonprofit organization can create and maintain a pooled income fund consisting of assets contributed by many different donors. An organization pays the net income the fund earns to the various donors in proportion to their respective interests in the fund. The income depends on the fund’s performance and is taxable to donors.

**Private charitable foundations, supporting organizations and community foundations.** Creating a foundation lets your family control the allocation and investment of contributions made to an organization. The entire contribution must be used for the foundation’s charitable purposes. You may structure a private foundation as a corporation, managed by a board of directors or as a trust, managed by trustees.

To help you determine what giving alternatives may be a good fit for your personal financial and overall tax situation, talk with your financial advisor and tax/legal professionals for guidance in initiating a charitable giving strategy. This article was written by Wells Fargo Advisors and provided courtesy of Chris Barbee CFP®, Vice President/Investment Officer, in Greensboro at 336.272.0523.

Wells Fargo Advisors does not render legal or tax advice. While this information is not intended to replace your discussions with your tax/legal advisor, it may help you to comprehend the tax implications of your investments and plan tax-efficiently going forward.

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All estate planning services are provided with the participation of your personal attorney, who should review all such materials. Wells Fargo Advisors does not prepare will and trust documents; these must be drafted by your attorney.

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Gears and Steers Ride for Hospice

Gears and Steers attracted more than 100 cyclists to Summerfield Farms on Sunday, October 27, raising $8,400 for Hospice and Palliative Care of Greensboro (HPCG).

The route offered riders a 25 or 50-mile option, on paved surface roads that navigated the rolling hills of this beautiful farm. At the conclusion of the race, riders returned to the barn for music and lunch.

This inaugural event was organized by Karen Buxton and her fellow Team Tri for Hospice members, including Becky Sage, Phil Beane and Dina Arceo. Buxton, a professional athlete and trainer, initially organized this team as a way of honoring and remembering loved ones and the hospice care each received.

Buxton shared, “I love raising money for such an important cause. This was a great event because of the people who stepped up to help. We had perfect weather, good food and generous sponsors.” Buxton hopes to make Gears and Steers an annual fall event, because caring to the finish line really feels good!

Student Service Learning Project Benefits Patients

Max Collins, a senior at Weaver Academy for Performing and Visual Arts, selected Hospice and Palliative Care of Greensboro (HPCG) to be the recipient of his senior service learning project. His objective was to create tools that could be used by staff or volunteers to engage and interest patients. To accomplish this, Collins framed photos and prints of interesting landscapes, labeling each with a thought-provoking quote on the back. He also hand painted smooth rocks and placed them in decorative bags that contained inspirational quotes.

“HPCG is so pleased to be the recipient of community projects,” shared Jane Gibson, public support coordinator. “These gifts help to enhance the care and support our teams provide. They can provide a way to transport a patient from the bed to a completely different place, which brings smiles, inspires memories and helps capture the moments at hand.”

29th Annual Light Up A Life Service Brought Comfort and Hope

The simple beauty of the sanctuary of First Lutheran Church provided the perfect setting for the 29th Annual Light Up A Life Service on December 8. More than 350 guests found comfort and inspiration as they listened to Chesley “Ches” Kennedy’s message of hope and the beautiful music provided by singer/songwriter Nancy Pitkin and flutist Cheryl Sizer.

Hospice and Palliative Care of Greensboro (HPCG) also wishes to thank First Lutheran Church for hosting this year’s service, along with the assistance provided by Pastor Jay Hilbinger and Vince Lindley. Thanks to their efforts, the audio portion of this year’s Light Up a Life Service can be accessed by visiting www.hospicegso.org.

VF Corporation provides an invaluable gift to the community every year by designating the beautiful tree that stands in front of the VF Jeanswear Building as our Hospice Tree of Remembrance. Known for it thousands of tiny white lights, many in the community find comfort from this powerful symbol of hope.
HPCG Highlights

UNCG Students Learn and Share

Students enrolled in the freshman class of Grogan Residential College at the University of North Carolina at Greensboro (UNCG) selected Hospice and Palliative Care of Greensboro (HPCG) as their service learning project. Each of these students has declared an interest in pursuing a career in science and medical profession. By dividing into small groups, each student had the opportunity to tour the HPCG campus, ask questions and hear an overview of services. Prior to their visit, students considered ways they could create something to share with patients that would offer encouragement and bring a smile. They baked hundreds of cookies that were packaged and shared with patients young and old. They also created crafts and some wonderful poetry. Special thanks to Meg Horton, senior faculty fellow at Grogan Residential College, for organizing this effort.

Well•Spring Retirement Community Shares Support

Hospice and Palliative Care of Greensboro (HPCG) was awarded $500 on December 19 by Well•Spring Retirement Community for its participation in the holiday tree decorating contest. The tree featured ribbons of white and gold, silver angels holding flower bouquets and handmade ornaments embellished with words. HPCG wishes to acknowledge Frankye Crump for her creative design and willingness to purchase all the decorations. Crump, Sandy Mascia and Jane Gibson assembled the tree, which will be stored at HPCG and displayed on its campus during future holiday seasons.

Special Thanks

- Volunteers from Syngenta Crop Protection spent a November afternoon helping to beautify the HPCG grounds. In addition to bagging many piles of leaves, they delivered beautiful plants which were shared around the HPCG campus.
- Chick-fil-A donated $375 to Kids Path from the proceeds of their Join the Herd 5K & 1 Mile Run Connect Race Series. This event, held at the Friendly Center Chick-fil-A on October 12, 2013, benefitted Kids Path and Freedom House.
- Anna Brady and Lisa Sonricker hosted their annual Season of Giving event on December 7. The 2013 gathering raised $2,615, bringing its nine year total to more than $18,000. This special evening allows friendships to be celebrated and loved ones to be remembered by raising money for those in need of HPCG care and support.
- Emily Perkins, a senior at Greensboro Day School, chose Kids Path as the focus of a school service project. She created 30 colorful no-sew blankets which will be shared with Kids Path patients and counseling clients.
- Greensboro Beautiful donated live wreaths, poinsettias and garlands in early December, which allowed each patient’s patio door at Beacon Place to become a festive and welcoming sight. Wildwood Garden Club added to the beauty by donating handmade, red bows to adorn each wreath.
- Fred Weigel, owner of Weigel Farms, Inc., donated hundreds of pansies, snapdragons and other winter flowers to beautify the HPCG campus.
- As a way of acknowledging National Hospice Month, Steve Brown of Hanes Lineberry Funeral Homes delivered breakfast biscuits to the November team conference meetings for each of the HPCG programs.
- Jean Moxley, a frequent performer at Beacon Place, played beautiful holiday music on her harp for Beacon Place residents and visitors.
- Central Carolina Cake Club, courtesy of Crawford’s Creations, decorated and donated two beautiful gingerbread houses for the residents of Beacon Place to enjoy.
Counseling and Education Calendar of Events

All events are free of charge and held at Hospice and Palliative Care of Greensboro, located at 2500 Summit Avenue, unless otherwise noted. For more information or to register, please contact us at 336.621.5565 or thecenter@hospicegso.org.

FEBRUARY

Grief: What to Expect and What Can Help
A one-hour information session for adults, who are newly bereaved, to better understand and cope with grief.
Tuesday, February 4, 6 – 7 p.m.
Friday, February 7, noon – 1 p.m.

Loss of a Child
A support group for parents who have experienced the death of a child of any age.
Call for date and time.

Loss of a Spouse or Constant Companion
A support group for adults who have experienced the death of their spouse or life partner.
Call for date and time.

Loss of a Spouse
A support group for adults who have experienced the death of their husband or wife.
Call for date and time.

Loss of a Loved One
A support group for adults who have experienced the death of a parent, sibling or other loved one.
Call for date and time.

Loss Through Suicide
A support group for adults who are grieving the suicide death of a loved one.
Call for date and time.

MARCH

Creating Memories
Putting together photos in a frame, scrapbook or collage can be healing. We will provide the basic supplies for you to get started; just bring your photos or other visual memories.

Tuesday, March 4, 6-7:30 p.m.

Journaling Through Grief
We will explore the ways that you can use writing to help you as you grieve the loss of your loved one. Journals will be provided.
Tuesday, March 11, 6-7:30 p.m.

Yoga for Stress Management
A yoga instructor will teach you simple breathing and movement techniques to help you manage stress and relax.
Call for date and time.

APRIL

Finding Our New Normal: Helping Bereaved Spouses Reinvest in Life
A six-week support group designed for those who have lost a beloved spouse or life partner and have moved through the early stages of grief and adjustment.
Begins Tuesday, April 1, 6-7:30 p.m.

Save the Date

Seventh Annual Corks for Kids Path
Wine Tasting Event
Friday, March 7, 2014
7-11 p.m.
Empire Room at Elm Street Center
203 South Elm Street
Downtown Greensboro

Sponsorships are available!
Visit www.corksforkidspath.org for more information and to purchase tickets.
Kids Path Calendar of Events

All Kids Path support groups are open to the public and registration is required. Call 336.544.5437 to register for a workshop or to schedule an individual counseling session.

**FEBRUARY**

**Connecting Rainbows**
A support program for K - fifth graders and their caregivers coping with the death of a loved one. (Tuesdays)
$15 Materials Fee
February 11, February 18 and February 25, 6 - 7:30 p.m.

**RTime2B**
Our monthly gathering for grieving teens (sixth -12th graders) coping with the illness or death of a loved one.
Thursday, February 13, 6 - 7:30 p.m.

**Thrive**
A monthly gathering for teens living with chronic illness.
Thursday, February 20, 6 - 7:30 p.m.

**MARCH**

**Pathfinders**
This support group leads teens through the therapeutic process of making meaning out of their personal journey of loss and healing. (Wednesdays)
March 5, March 12, March 19, March 26, April 2 and April 9, 6-7:30 p.m.

**Thrive**
A monthly gathering for teens living with chronic illness.
Thursday, March 20, 6-7:30 p.m.

**Feelings Field Day**
Calling all K - fifth graders. Join us at Kids Path to explore healthy ways to cope with changes in our lives and to express our feelings about those changes. This workshop is intended for children coping with the serious illness of a loved one.
$10 Materials Fee
Monday, March 31, 1-4 p.m.

**APRIL**

**Make-a-Memory Bear Workshop**
A creative workshop for children and teens (ages 5-18) coping with the death of a loved one. Participants will create a keepsake bear to memorialize their loved one.
$10 Materials Fee
Thursday, April 3, 6 - 7:30 p.m.

**Thrive**
A monthly gathering for teens living with chronic illness.
Thursday, April 24, 6-7:30 p.m.

**MAY**

**CHAMP Camp**
Kids Path’s annual camp for grieving children and teens held at Haw River State Park in Browns Summit, North Carolina. Parents and caregivers are invited to join their campers for a closing ceremony at 7 p.m.
$15 per camper/$30 for a family
Saturday, May 3, 9 a.m. - 8 p.m.

**RTime2B**
Our monthly gathering for grieving teens (sixth -12th graders) coping with the illness or death of a loved one.
Thursday, May 8, 6-7:30 p.m.

**Thrive**
A monthly gathering for teens living with chronic illness.
Thursday, May 15, 6-7:30 p.m.

Volunteer Services Calendar of Events

Are you interested in becoming a volunteer with Hospice and Palliative Care of Greensboro? Please register to attend a session. Contact Brenda Harris at 336.621.2500 or bharris@hospicegso.org.
All sessions are held at 2500 Summit Avenue. Volunteers interested in patient care training must first attend a volunteer information session.

**MARCH**

**Volunteer Information Session**
Monday, March 17, 6-8 p.m.

**Direct Patient Care Training**
Saturday, March 8, 8 a.m. - 4:30 p.m.
Saturday, March 15, 8 a.m. - 1 p.m.

**April**

**Volunteer Information Session**
Monday, April 7, 6 - 8 p.m.
TIME-SENSITIVE MATERIAL