



NEWSLINES



(left to right) Mary Susan Ross, Rick Stanford, Joni Park, Marion O'Brien, Susan Dennison, Sue Davis, Bill Fulmer, and Joanne Williams (not pictured, Carolyn Turner) were grieving the death of a spouse and began a journey together in a support group hosted by HPCG's Counseling and Education Center. Their group was diverse, including men and women of varied ages. Some were retired, some weren't. Yet, they shared a common experience and they shared the courage to seek help.

When You're the One Left Behind

“I just never saw this coming,” explained Susan Dennison as she talked about her husband’s sudden death in 2009. As a social worker by profession, Dennison wanted to model healthy behavior for her students by seeking professional support. So she turned to Hospice and Palliative Care of Greensboro (HPCG). “I assumed that one-on-one counseling would help me with my deep sense of loss and the impact of this horrific life-changing event,” she said. “But what surprised me was that joining a grief support group actually became a life-saving event.”

Several of Dennison’s fellow support group members nodded in agreement. Bill Fulmer added, “No one can understand what it’s like to

lose a spouse until you go down that road yourself. Being in the group has helped me feel like a normal person, when I didn’t feel normal at all.”

Joni Park commented with a smile, “I’m surprised you all let me stay in the group. While most everyone was pretty emotional those first few weeks, I cried every week – for many weeks. Never once did someone make me feel uncomfortable for expressing myself the way I did.”

“Life-changing losses are overwhelming. They inhibit us, even as adults, from thinking the same way we have before,” explains Marcia Vanard, HPCG’s Director of Counseling and Education. “The group dynamic allows people who are in the

same place to put their grief on the table ... they’re all there for the same purpose.”

“Well meaning friends and family members want so badly to help,” added Joanne Williams. “They offer advice on many topics, like the importance of staying busy. Sometimes you just need to be still ... so you can process what’s happened.” In Williams’ stillness, she rediscovered her joy for playing the piano and now plays two hours each day.

Marion O’Brien explained that she desperately needed to find some control in her life. Despite the objections of friends and family, she put her dog in the car and drove cross country to visit her

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HOSPICE and PALLIATIVE CARE of GREENSBORO
 Hospice • Beacon Place • Kids Path • Counseling and Education Center

A Message from CEO Pat Soenksen

In the night of death, hope sees a star and listening, love can hear the rustle of a wing.

– Robert Ingersoll

The cover story poignantly illustrates that even when we seek a “new normal” after the loss of a loved one, often we can feel overwhelmed by the raw emotions of grief.

I reflected back upon the most powerful loss I’ve experienced as an adult...losing my father in 1998. Growing up, I was always “Daddy’s girl.” And to my great surprise, despite having spent my entire career in healthcare and feeling very comfortable with death and dying, I was caught off-guard by the depth of my unpredictable emotional reactions following my Dad’s death. I learned the hard way that no matter how much experience one has had with death and dying... losing a loved one can be personally devastating and disorienting.

Looking back, I kept wishing the process could “speed up” and I hoped every day I would feel just a little bit stronger and happier. But alas, the grieving process was not linear or under my control. One day I would be pleasantly surprised to feel “almost OK,” and then the next day, I’d be plunged back into deep sadness and exhaustion.

This month’s cover story and my subsequent personal recollection reminded me of a theme we heard in our recent strategic planning community focus groups – that many people in our community seek “life-long connections” with HPCG. They see a valuable role for HPCG to assist people dealing with grief and loss across the lifespan – pre-natal, birth, childhood, teenager, and adult through our “sunset” years. And in fact, HPCG’s Counseling and Education Center is committed to doing just that – to provide counseling and comfort to those who are grieving, not only for the families of our hospice patients but for anyone in the

community who has suffered the loss of a loved one. For example, the wife and children of a father who dies suddenly in a car accident or the parents of child who tragically commits suicide can all access our grief counseling services.

I think our Mission Statement sums it up best, “HPCG enhances quality of life by providing expert interdisciplinary care, consultation, support and education for those affected by serious illness, death or grief.” If we can be of support to you and your family or friends, please contact us at 336.621.2500



Pat Soenksen

When You’re the One Left Behind

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two children in California. “It felt so good to know that all I needed to do was get up ... get in the car, and drive.”

“In our culture we are given such little time to grieve,” explained Vanard. “Shortly after three months, our counseling clients share that family and friends begin pressing them to ‘get on with life.’ But at three months, most grieving people are still in shock,” continued Vanard. “Feelings can’t be processed until the numbness of that shock begins to wear off. It is at that point, that being in an HPCG support group can be the most beneficial.”

“*When you’re the one who’s been left behind, you need help rebuilding your life.*”

A place to feel secure is a cornerstone of the support group. “I feel safe to be who I need to be within this group,” shared Sue Davis. “No one judges anyone. In fact, one of our members shared she’d eaten an entire container of Cool-Whip in one sitting, and no one even reacted. Being in the group has allowed me to feel hopeful – I wanted more.”

As Andrea Summers, HPCG Grief Counselor, brought the eighth and final support group meeting to a close, she announced that some groups continue to meet on an informal basis. That was all Rick Stanford needed to hear. He stood up, asked for a show of hands and announced the time and place for the next meeting. The “Hospice Family Group” has been meeting regularly for the past fifteen months and continues to use email to stay connected.

“Celebrating one another’s little victories has been important to everyone,” explained Mary Susan Ross. The group was so proud of Rick Stanford, when he took a trip to Las Vegas – an annual trip he and his wife had been making for 20 years. While his journey was bittersweet, it was an important accomplishment for him.

“I would never have felt brave enough to go to that first Carolina basketball game without Bobby had it not been for Rick’s story,” continued Ross. “I think our group has become a touch stone of sorts, offering each of us encouragement, insight and validation.”

Vanard explains that because grief is such unfamiliar territory, people join support groups to learn how to find their way in such a foreign place. “It’s actually not that different from the way young mothers seek out other young mothers,” she said. “One will say how are you managing with ‘such and such,’ and they learn from one another, while validating their own feelings.”

“There are tremendous commonalities in how each of us feels,” reflected Susan Dennison. “But what has been surprising is the vast differences in what energizes each of us and helps us cope. That has been a very powerful lesson,” said Dennison. It has helped us feel more tolerant of others - most especially our own grieving children.”

“It has been two years since my husband died,” continued Dennison, “and I still struggle. But I can’t keep looking back. This is reality ... my new normal. When you’re the one who’s been left behind, you need help rebuilding your life and stretching past your comfort zone. I am less afraid because I have my ‘Hospice Family Group’ friends by my side. They will help me and we will help each other.”

HPCG Nurses Honored as Nurses of Distinction

The Nurses of Distinction Award recognizes outstanding nurses from across the Triad in a partnership with the News and Record’s Triad Careers division and the North Carolina Nurses Association. A nurse may be nominated by anyone in the community and the nomination process is publicized in the Greensboro News and Record. HPCG is proud to have two 2011 Nurse of Distinction Top 10 Finalists: Jean Berry and Heather Parrish.

Jean Berry wears two hats with HPCG, serving as a Kids Path CAP-C Case Manager and a Quality Improvement Coordinator. Jean has been a nursing professional for 39 years and graduated with her BSN from UNCG in 1972. “Jean is such a great advocate for patients and families,” says Marion Taylor, director of Kids Path. This feeling is shared by the Kids Path staff, including fellow nurse, Sarah Turner. “She never



Jean Berry

minds helping with anything. She does multiple jobs, but with CAP/C, she amazes me,” says Turner. “She’s so good to those kids, and she’s just a great person who doesn’t let things get her down.”

Heather Parrish is a Beacon Place nurse and provides care to patients and families on first shift. Heather has been a nurse for 17 years and graduated with her ADN from Rockingham Community College. When Heather was only 12 years old, her father died from melanoma. “It had a lot to do with my decision to become a nurse,” she says. “It’s also what ultimately led me to hospice care, because that wasn’t available to my dad at the time.” In addition to providing excellent care at Beacon Place, Heather also volunteers at Kids Path events for grieving children. “I’ve been fortunate enough to be the volunteer nurse for two Champ Camp events, and to see all that camp does for those children is just amazing.”



Heather Parrish

Jean and Heather were formally recognized on May 3, 2011 at an event hosted by the News and Record’s Triad Careers division and the North Carolina Nurses Association.

Legislation Approved Regarding Charitable IRA Rollovers

Thanks to recent legislation, donors may now make a tax-free gift directly from an IRA without having to report the IRA distributions as taxable income on their federal income tax returns.

The legislation allows individuals age 70 1/2 or older to transfer up to \$100,000 from their IRAs to a qualified charity without having to count the distributions as taxable income. Please note that, while the maximum distribution and charitable gift is set by Federal law at \$100,000, there is no minimum distribution or gift amount – other than the minimum distribution amount that is set by your IRA custodian. As such, you may wish to consider a gift of \$1,000, \$5,000, \$25,000 or more, via this powerful gift vehicle.

The bill, H.R. 4853, was approved in 2010 and extends through Dec. 31, 2011.

Not intended as legal, tax, or investment advice.

To take advantage of this giving opportunity:

Contact Kathleen McNally, CFP, GEPC
Planned Giving Specialist
336.375.2354
kmcnally@hospicegso.org

Americans Believe End-Of-Life Education Needed Sooner

A newly released survey shows Americans say patients and families need more end-of-life (EOL) education, sooner. The findings show respondents see EOL conversations as personal issues, unrelated to political affiliations.

- 97% of respondents agree it is important to educate patients and families about the palliative and end-of-life options available to them.
- 96% believe issues concerning palliative and end of life care should be a top priority in health care.
- 71% of Americans feel it is more important to enhance quality of life for seriously ill patients than to attempt to extend life through every medical intervention possible.

End-of-Life language

- The words, palliative care, generated the least recognition, as few respondents (24%) said they were familiar with the term.
- The term, end-of-life care, was familiar to 65% of respondents, and 86% said the care was important.
- Hospice care was the best-known, and highly respected, with 86% being familiar with the term and 91% deeming it a top priority.
- Following a description of all three terms by an interviewer, 96% of respondents believed it important that these health and life issues have top priority in health care, with 72% believing this priority status to be very important.

Who do they trust?

Survey respondents identified the sources they trust most in providing palliative and EOL care information, and ranked them as follows:

- Physicians & other healthcare providers (76%)
- Family and friends (69%)
- Clergy and spiritual leaders (46%)
- Social service agencies & programs (39%)

Least trusted were news media and politicians.

The survey was conducted by phone among 1000 adults by Financial Dynamics in February 2011. The first of a three-part series entitled: "Living Well at the End of Life: A National Conversation" was published in March 2011 by National Journal

New HealthQuest Exhibit Takes Visitors On A Unique Journey Into Personal Health

The Natural Science Center of Greensboro opened a new permanent human body and health exhibit called HealthQuest on June 11 that provides visitors a memorable experience and journey into personal health. The exhibit showcases how choices in life impact our major body systems and combines 21st century medical science with state-of-the-art videography, real preserved human bodies, over a hundred "kid-cool" interactives, and a unique end-of-life section.

"We say 'unique,' because we are not aware of any other science museums in the United States that have included end-of-life (EOL) in a human body and health exhibit," said Pat Soenksen, CEO of HPCG. "More than five years ago, HPCG staff members were invited to help develop the exhibit and began to envision and plan for the unique EOL section to be included."

In addition to HPCG, other partners and collaborators who helped shape the new 3,600 square-foot HealthQuest exhibit included the Cone Health Foundation, Guilford County Schools, the National Museum of Health and Medicine, and UNCG. Together, this advisory group developed the plans for what is a one-of-a-kind health adventure unlike any other in the nation.

"From the start, HPCG staff members were identified as the experts who could assist with the development of the end-of-life area of the exhibit – helping to strike the right tone between education and sensitivity," said Risa Hanau, HPCG's Vice President of Clinical Services. During the final months before the exhibit opened, HPCG staff members worked with Rick Betton, Director of Exhibits & Programs, to discuss the space and books and other materials that would be appropriate for the end-of-life area.

The EOL section includes three story boards explaining what happens to the human body when we die. Next to the storyboards is a *Quiet Room* which includes a thoughtful space for reflection for families, children and visitors to reflect on their own personal losses, to perhaps write a note of remembrance about a loved one (human or pet). HPCG has also provided recommendations of child-appropriate books about death, loss and grief.

HealthQuest sets out to provide education in a way that younger audiences can understand about the body, body systems and how our behavior can impact the way our body functions. "It is important for part of that education to include end-of-life because it is a natural part of the life cycle, though it can be difficult for people of any age to understand and cope with," said Hanau. "This collaboration has been a perfect opportunity for sharing of expertise, right from the beginning of the project. We anticipate an on-going relationship to monitor how the end-of-life area is accepted and utilized and offer assistance regarding any updates or changes that might be called for."

"We are excited to open this new exhibit focusing on the health and welfare of our citizens," said Glenn Dobrogosz, the NSC's Executive Director. "The long-awaited HealthQuest project embodies just how impacting and powerful the public-private partnership between the city and Science Center has become." HealthQuest, which takes a hands-on approach to health-based learning, is expected to serve over 300,000 visitors each year.



Ten-year-old Lucas Votaw posts a note of remembrance for his beloved dog, Wrigley, on the Remembrance Wall at the Natural Science Center.

Gifts to Hospice & Palliative Care of Greensboro April 2011 - June 2011

Honorariums

Janie Bowman
 Jim & Jonni Catlett
 Frieda Chin
 Sally Cobb
 Alan and Sally Cone
 Harlon Costner
 Erika Cox
 Janet Dickinson
 Pat Gibbons
 Kerri Gibbs
 Rylan Chandler Gibbs
 Risa Hanau
 Betty J. Hayward
 Marianne Hertle
 Carole Hunter
 Anne S. Kazazes
 Lucy Leary
 Ione Harrell Lee
 Ryan Mahler
 Mother of Todd Moore
 Hallie Morton
 Lea K. Preis on Mother's Day
 Jenny Prevatt
 Eula G. Pugh
 Dot Sholar's 100th Birthday
 Harrison Skidmore
 Jill Smith
 Pat Soenksen
 Celia Starling
 Joe and Loretta Tracey
 Gene Trout
 Marcia Patterson Vanard
 Lou Wallace
 Jacquelyn Waters
 Amy G. Wheeler
 Bets Woodard

Judith Ingram Bohrer
 Christine "Tennie" Eanes Booker
 Richard Bordeaux
 Faber M. "Duke" Bowman
 Vestal I. "V.I." Bowman
 Judith Ann Boydoh
 Erskine Miller Bradley
 Margaret McLennan Caldwell
 Bradley
 Bert Brady
 Joseph "Joe" Marion Brantley, Jr.
 Thomas E. "Redman" Breeden, Sr.

Louis "Lou" Edward Burch, Jr.
 Mother ofCarolyn Burgman
 Estate of Gertrude May Burke
 Joseph A. Burnett
 Cora Perkins Bussell
 Mother of Peggy Byrd
 Connie Starkie Caldwell
 Jessie Viola McBride Cameron
 Betty Gibson Cannon
 Hugo W. "Bud" Carpenter, Jr.
 John Nelson Carpenter
 Ronnie Lee Chandler

Harry Cohen
 Myrtle Cockman Cole
 Wanda Gail Collins
 Lydia Frances "Francie" Shelton
 Comito
 Dr. Harry Wesley Cooper, Jr.
 Marie Aida Briscuso Costello
 Frances Merritt Hunter Cox
 Elinor "Ellie" P. Craig
 Inez "Rose" Crawford
 Joan Donohue Cunningham
 James B. Curl, Jr.
 Isabel Patrick Daniel
 Lewis Blayne Darnell
 Evon Welch Dean
 Lillian Hartness Deaton
 Everette Gabriel "Doc" Denny
 Sardaben C. Desai
 Catherine "Cathy" H. Devaney
 Douglas "Doug" F. Dickerson
 Donna Nelson Dickie
 Johanna Christine Hilgers
 Dickson
 Diane Mills Dinkins
 Shirley Leonard Dixon
 Julius Rome Doggett
 Thomas Aloysius Doolin
 Joan Doshier
 Gina Henderson Douglas
 Robert Graham Dow
 Lewis Edward Dunlap, Jr.
 Thelma Walker Dunman
 Anna Dunn
 Phyllis Kuhn Durand
 Spencer E. East
 Lillian A. Pankratz Ebert
 Ervin B. Edwards
 John Robert Ellinger
 Sherrell Fellerman
 David "Brooks" Ferrell, Jr.
 Mother of Linda Fogleman
 Rev. John C. Foltz
 Linda Kay Vinckier Forster
 Olga Hooser Gilliland Franklin
 Herman Bryce Frazier
 Allen C. Freiberg
 Minna Lewin Freiberg
 Michael "Scott" Frogge
 Henry Asby "Bill" Fulmer, Jr.
 Peggy Herring Fuquay
 Virginia "Ginger" Bass Galloway
 Louise Moore Gault
 Margaret Ann Roberts Gerock
 Louise Garrett Wilkins Gilmore
 Norma Gray Brown Gordon
 William "Bill" Dean Gordon
 Mother of Leslie Grant
 John Walter Groff
 Marvin Eugene "Gene" Groome
 Mildred Johnson Gulledege
 Helen K. Haithcock
 Jettie Cora Haithcock
 Lucile Martin Hall
 Robert A. Hall
 LaReeta Stanley Hanner
 Jean A. Moyer Hardin
 Millicent Harrell
 Milton Harris
 Elmer Clyde Hawley
 Patricia Lynn Morrow Haywood
 Pauline Violet Hackett Hedrick
 William and Pauline Hedrick
 Arthur Newcomb Hicks



Reserve a Commemorative Brick for Fall

Fall 2011 will bring the sixth annual installation of bricks, engraved with the names of individuals remembered or honored, to our Kids Path and Beacon Place Rose Gardens. Our award-winning gardens have long been utilized as a comforting, as well as therapeutic, presence for patients, families, staff and visitors. For many, memorial bricks have served as a way to add personal meaning to these healing spaces.

- *"With the brick program, I could preserve the memory of my husband Dan, and I could also honor Charlie (HPCG Volunteer), who was such a tremendous help to me during that time," said Juanita Rogers.*
- *"In addition to honoring the services provided by Kids Path, the brick marked a quiet and loving place for Michaella and her four-year-old brother Lailen to share special memories of their mother while enjoying the joys of childhood," said Robin Williams.*

Please consider creating a lasting tribute to someone you love by reserving a brick in their name. Commemorative bricks may be reserved for a gift of \$100. The order deadline for this year's installation is August 31. Contact Mary Anderson at 621-2500 or manderson@hospicegso.org for more information and an order form.

Deadline: August 31, 2011

Elaine F. Carlson Breza
 Judith Bald Briggs
 Gaynell Mull Brittain
 Ezra Whittaker Brooks, Jr.
 Robert Brower
 Martha Morrison Brown
 Robert Clarence Brown
 Michael "Mike" Robert Brownlee
 Augustin Clayton Bryan, Jr.

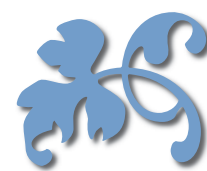
James L. "Lindy" Chester
 Brother of Dr. Joe Christian
 Barry Dean Clark
 Jack Alva Cleveland
 Dorothy Coates
 John K. Cobb
 Dessie Corsbie Coble
 Leonard Garth "Bud" Coble
 Theba Collins Coble

Memorials

Mildred Adams
 Nancy Jarrett Adkins
 Pamela Anne Allen
 Sandra Gail Allmond
 Edward Jenner Allred
 Robert Lee Allred, Jr.
 Thelma Pendergrass Allred
 Kristi K. Amend
 Betty Hobbs Andrews
 Frank C. Angel
 Cecil C. Arthur
 Jaenn C. Bailey
 Noel Paul Bailey
 Robert L. Bailey
 Linda Firestone Baiza
 Alma Huffman Baker
 Herman Louis Baldwin
 Doris Shaw Ball
 Dana Freeman Bamford
 Mother of Andee Barbee
 Darrell Chris Barber
 James Robert "Bob" Barker, Jr.
 Juanita Blevins Barr
 Pryde William "Buzzy" Basinger, Jr.
 Mother of Wilma Bates
 Stephen George Bean
 Charlene U. Beane
 Ruth Anneliese Beck
 David Ira Bell
 Rosemarie "Rosi" S. Benton
 Jeanette Marie LeClercq Bessler
 Philis Ann Bird
 Ellen Marion Reiter Bissell
 June Aldrich Blackmon

Gifts to Hospice & Palliative Care of Greensboro April 2011 - June 2011

Johnny W. Hicks	Edna B. May	Pat W. Ralls	Mother of Mary Tedder
Harry Hill	Mother of Sandy McCall	Mother of Carol Raney	Loretta Lynn Quesenberry
James "John" Franklin Hilliard	Dennis Wayne McDaniels	Joseph "Joe" M. Ratliff	Templeton
Marjorie Fields Hilliard	Annie Christian "Christene"	Esther Ray	Bobby Gene Thomas
Elnora "Boots" Lambeth Hinkle	McGimpsey McDonald	Pauline "Polly" Cornette Rayle	Ernestine "Teny" Carter Thomas
Louise B. Hinson	Judy Wiles McDowell	William J. Rechin, Sr.	Douglas K. "Packy" Trollinger, Sr.
Earline Crain Hodge	Francis J. McGraw	Geraldine "Gerry" Reece	Phyllis Gayle Dennis Tucker
Elizabeth Haworth Holmes	Michael McGraw	Grace Kingston Reed	Charles H. Valentine
Nancy P. Holt	Patricia Louise McIrvin	Elzie Moorefield Rhodes	Robert Galloway Vaughn, III
Rebecca Eloise Bostick "Teny"	John Jones McIver	Gloria Ann Forrester Richardson	Rudolph Vaughn
Holt	Kenneth "Ken" Lockworth	Joseph "Joe" Thomas Riggan	Kay Wrenn Wagoner
Joe E. Hooks	McKinney Sr.	Sue Williams Rivenbark	Hugh Wallington
Farisa M. Horton	Betty Jo Irby McMasters	Curtis "Curt" Earl Robbins	Dorothy "Dot" Robertson Ward
Geraldine D. "Gerry" Howell	Sarah Louise Moore McMichael	Charles Grant Roberts, Jr.	Minnie Sue Ward
Helga Franziska Huetten Howell	Douglas McNeal	John "Jack" S. Robinson, Sr.	Asa Conrad "A.C." Weatherly
Sarah "Sis" Kornegay Hunt	Marvin Everett "Si" McRae	Daniel T. "Dan" Rogers, Jr.	Helen Welborn
Mary Elinor Davis Crawford	Winfred "W. G." Medlin	Catherine Beatrice Zagrodnik	Shirley M. Wells
Huntley	Rita Medoff	Rose	Jewell Grace Motley Westbrooks
John Carter Ingram	Wildan Courtney Middleton	Anne Braswell Rowe	Beverly Lynn Cearley
John William "Bill" Ingram	Marjorie Farrior Milam	Dr. William Thomas "Tom" Rowe	Westmoreland
Connie Lewis Inman	Walter Gray Miller	Willard George "Jess" Rudiger	Richard Lindsey Wharton
Herman Kyle Ireland	James "Jim" Marion Millican	Pauline "Polly" Shaw Russell	Eugene "Gene" W. Wheeler
Dorothy "Dot" Elizabeth Jackson	Tom Millunchick and Bob Dushan	Harry Walker Sanford	William "Bill" Cannon White, Sr.
Katherine Jackson	Patsy Lee Norris Mitchell	Heinz Sauerwein	Gertrude Buck Whitehurst
Dru Richard Jarrett	Pauline M. Moldovan	Frances Fulk Sawyer	Blake Aaron Whitley
Kameron Lee Jenkins	Robert "Robbie" Louis Monnett	Doris Elizabeth Davis Schultz	John Ben Wicker
Ralph Jennings	Howard C. Moon	Bill Schwartz	Lula C. Wicker
Mildred Pope Jessup	Kenneth "Kenney" Ray Moore	Mary K. Schwartz	Kenneth "Ken" Woodard
James Lee Jobe	Roger Ray Moore	Joan W. Senty	Wilkinson
Charles Johnson	Radford Clarence Moreland	Gerald "Jerry" M. Shaver	Carl Randall "Mike" Williams
James "Wade" Johnson	Alma Bernice Bohannon Morris	Robert W. "Juke" Sheek, Jr.	Erma Lee Long Williams
Patricia "Pat" Gordon Johnson	Robert David Morton	Eldridge Lavin "Lee" Shelton	Essie Elizabeth Brittain Williams
Doris J. Jukes	Russell V. Morton	Ernestine "Tina" G. Shepherd	Rosa Lee Seagle Williams
Carolyn Lee Kasey	Mother of Lanna Moxley	Mildred Heath Shepherd	Michael Don Wilson
Herbert James Keeler	Peg Murdick	Jerry Glenn Shields	Seren Virginia Windley
Carolyn Bateman Keeton	Timothy Murphy	Mother of Brucie Shook	Bobby "Bob" Frank Winfree
Davis Conor Kelly	Edmund Murray	Carol Mary Siegel	Charles "Chuck" Woellner
Lee Boone Kennett, Jr.	Ruth Keene Nesbitt	Jane Elizabeth Watson Sims	Helen Wojciechowski
Isabel Gladden Key	Marion S. Newman	Barbara J. Smith	Betty Pressley Wolfe
Lynn Harts King	Sara Hopkins Newton	Catherine "Katie" Holt Smith	E.S. Wood
William "Dennis" Kinne	Mother of Mary Nifong	Claude Smith	James Aaron Woodside
Fred Morgan Kirby, II	Eleanor P. Nolte	Jones Edward Smith	Mary A. Sanders Workman
Charles "Charlie" Calvin Kirkman	Mable Smith O'Barr	Josephine R. Smith	Thelma W. Wright
Aunt of Debra A. Knieriem	Blanche M. O'Ferrell	Patricia Ann "Pat" Smith	Thomas E. Wright
James Robert "Bob" Kretz	Timothy Eugene Oliver	Verlin Smith	Patrick Eugene Wright, Sr.
Robert "Bob" Lee Land	Mildred "Mickey" Cochran	Helen Barrett Snow	Bill D. Wyrick
Deborah Cook Landreth	Overby	Nell Mann Snyder	Garland N. Wyrick
Kyle Michael Larson	James P. "J.P." Owen, Jr.	Grace Soenksen	James "Jimmie" L. Wyrick
Theresa Marie Wetzel Larson	Catherine Harrison Page	Darrell Martin "Marty" Southard	R. Tracy Wyrick
Diane Lassiter	Billy Michael Parrish, Sr.	Joan R. Spalletta	Earl Yates
Horace Leggett	James C. Parrish	William Sparks	John "Bo" Lloyd Addison York, Jr.
Annie Proffitt Lemons	Lillian Williams Parrish	Dorothy Groenendale Spencer	Ida Marshall Young
Paul A. Lineberry	Margie H. Parrish	Julie Spencer	Catherine "Kay" Hunt
Anita "Lou" Albert Lomax	Howard Carlos Parsons	Harold Spiegel	Youngblood
James Harvey Long, Sr.	Richard Robert Patton, Sr.	Jennifer Ann Sproles	Betty Eubank Randall Younts
Eddie Ann Love	Joseph "Joe" W. Pearce	Shirley Faye Stafford	Manley J.R. Yow
Mike Lunsford	Ruth Gilbert Pearman	Paul William Stephanz	Guiseppe Zanardo
Terry Lunsford	William "Bill" Dunklee Perrin	Samuel Chester Stevenson, Jr.	
Dr. John Alexander Lusk, III	Bernard "Bernie" Petley	Leonora "Lee" Fulp Stewart	
Helen Konopczynski Lux	Louise "Lou" Fuller Pierce	Millard Stewart	
Richard Thomas "Bud" Lyons, Jr.	Gray Lamarr Pope, Sr.	Fairy Davis Strader	
Margaret Maddox	Philip "Phil" Thomas Porter	Roger Dean "Rickey" Stratton	
Evelyn Dorothy Mangeot	Lea K. Preis	Brother of Ruth Strider	
Edna Hatcher "Elna" Martin	Saul S. Preis	Steven Clinton Stringer, Sr.	
Lillian M. Martin	Mother of Esther Preston	Rajko Suman	
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Homer Livingston Mason	Rev. Gerald C. Primm	Larry "Lappy" G. Swinney	
Daniel "Dan" Claude Matthews	Royce Edward Pugh	Helen Bleil Tamburro	
Judie Ann Newton Matulis	Charles Neal Purgason, Sr.	Dr. A. Raymond "Ray"	
George Edward Maxey, Jr.	John Roger Quinlivan	Tannenbaum	
Martha Catherine "Cat" Maxwell	Roger and Mayme Quinlivan	Madge Teague	



Look at Some of the Ways Greensboro Helps HPCG

Hand Decorated Aprons are a Big Hit

Students at Sedgefield Presbyterian Preschool hand-painted creative designs on aprons which were sold at a silent auction on “Preschool Sunday” at Sedgefield Presbyterian Church. Auction sales and donations raised \$784.00 which were directed to Kids Path in support of their programs and services. In addition, ten aprons were designated for Kids Path clients to use during arts and crafts activities.



Sharon Turcot (left) observes a preschooler painting her apron.

Special thanks to Sharon Turcot for leading this project and to all the church members who made purchases!

Celebrating Mitzvah Day

In celebration of “Mitzvah Day,” HPCG was the recipient of several projects benefiting patients, families and staff members. One project provided packages of baked goods and snack items for Beacon Place. Another project featured decorated containers filled with candies for Kids Path patients and their siblings.

For the past 16 years, members of the local Jewish community have been coming together for a day of community service. The Jewish faith teaches there is nothing more powerful than to demonstrate, through one’s actions, the value of community service and compassion. This year, “Mitzvah Day” was celebrated on May 15 and 40 agencies benefited from the good deeds offered by children and adults working together.



Dr. Michelle Haber presents decorated containers to Kids Path

Hot Time in the Triad

The Greater Triad Shag Club held their “Hot Time in the Triad” fundraising event on May 21, 2011 at Thirsty’s 2 on Chimney Rock Road in Greensboro. This dance competition and silent auction raised \$3,000, bringing the four-year total to \$11,500.

“Our membership is proud of the support we provide to Hospice,” shared Greater Triad Shag Club member, Peggy Waye. “And we’re proud of the 39 sponsors who helped make this such a great competition.” Lessons for individuals and couples are always available by contacting the Greater Triad Shag Club or Thirsty’s 2.



Peggy Waye (right) of the Greater Triad Shag Club, presenting a check to HPCG

“Art to Remember” Benefits Kids Path

Preschoolers enrolled in the Childhood Enrichment Center at Christ United Methodist Church raised \$583 during their 2011 “Art to Remember” event. Now in its seventh year, students have raised over \$5,000 for Kids Path.

“Art to Remember” allows every preschooler to create art that is reproduced and applied to a variety of keepsake items. These items are purchased by parents and grandparents as a way of celebrating each child’s efforts and supporting Kids Path.

Cathy Sinopoli, program director of Childhood Enrichment Center shared, “Our students are always so pleased to have Kids Path staff come out to accept their donation. In addition, they also engage the students through the use of puppets, offering an age-appropriate way to explore some of the ‘big feelings’ that come up for everyone.”



Preschoolers at the Childhood Enrichment Center at Christ United Methodist Church

Special Thanks.....

- to **Peace United Church of Christ members** who created small hand-made pillows to be used for positioning HPCG patients.
- to **Maura McGinn** for donating her collection of Beanie Babies to Kids Path patients and clients.
- to **Brick United Church of Christ** for donating \$965 from the proceeds of the 2011 Mule-a-Rama event.
- to **Abco employees** who raked, tidied up natural areas, planted flowers, and cleaned trash from creek and creek banks on the HPCG campus
- to **Convatec employees** who planted flowers and trimmed blossoms in the HPCG gardens.
- to **Tanger Outlet Malls corporate employees** who weeded and watered 60 plant containers and planted new plants on the HPCG campus.
- to **GTCC Nursing students** who landscaped around Beacon Place.
- to **Ubiquity Garden Club** for making a donation of \$700. In addition, club members worked in the HPCG gardens, cutting back plants, pruning and weeding.
- to **Fred Weigel of Weigel Farms** who donated hundreds of perennials for planting on the HPCG campus.
- to **members of Western Guilford High School’s National Honor Society** who created “Cheer Bags” for Kids Path patients. These bags were filled with many items, including books, candy, crafts, and small toys.
- to **The Jessica Cole Foundation** for making a contribution of \$4,500 to Kids Path. Mark and Marsha Cole created this foundation as a way of remembering their daughter, Jessica, and acknowledging the care she received from Kids Path. The Coles’ have directed their foundation giving to the Kids Path Patient Assistance Fund, as a way of providing an emergency resource for those families with seriously ill children or teens. Since the Jessica Cole Foundation was established in 2007, Kids Path has received disbursements totaling \$10,000.
- to **Northeast Middle School sixth graders** who created beautiful paper mache flowers to be shared with Kids Path patients. Students also toured Kids Path and volunteered two hours in the HPCG gardens.

Kudos to American Express Team Employees

Members of the American Express Credit Team will be losing their jobs this summer, but that didn’t dampen their enthusiasm for giving back. The team purchased treats and decorations to create 26 beautiful baskets for seriously ill children and teens being served by Kids Path. Team members who delivered the baskets shared that the baskets offered a delightful surprise and lifted the spirits of patients and parents alike.

American Express employees have a long history of providing financial support and hands-on projects for Kids Path and other Hospice and Palliative Care of Greensboro programs. “Spring is the season of hope and we felt that Kids Path would be the perfect final project for us,” explained Eddie Hayes, American Express employee. “Those of us who delivered the baskets to Kids Path got a lot out of that experience. As we toured Kids Path and the surrounding gardens, we learned more about the ways Kids Path works with children. That experience caused many of us to share our own stories of loss—especially around the big changes that are coming this summer.”



Members of the American Express Credit Team posing with their unique baskets

Beacon Place Renovations Completed



CHALLENGE GRANT GOAL MET

Thanks to the generosity of our partners and supporters, HPCG's \$250,000 goal for our Bridgewater Foundation challenge grant was not only met, but exceeded by the May 31st deadline. Thank you so much for your assistance!

The Bridgewater Foundation issued the challenge in order to encourage HPCG's supporters to support two of HPCG's funding initiatives – building the agency's Endowment for Nursing Excellence and funding the recent capital improvements and renovation of Beacon Place.

The challenge was to raise new funds for the initiatives which the Foundation would meet dollar for dollar up to \$250,000. In fact, thanks to our faithful donors, we exceeded our goal by \$65,592!

On behalf of the Board of Directors of HPCG, a big "Thank You" to all who contributed! We couldn't have met our goal without your generous donations. In addition, we would like to thank Alan Cone, Larry Roland and Dr. Patrick Wright for leading various solicitations. Finally, HPCG is very grateful to the Bridgewater Foundation for their vision and support.



www.psfid.com

Pineroft Sedgefield Fire Department

2239 Bishop Road
Greensboro, NC 27406

Kendall McCarter, Chief
(336) 299-4421

January 18, 2011

Beacon Place
2500 Summit Ave.
Greensboro, NC 27405

Dear Beacon Place Employees and Volunteers,

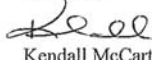
The members of Pineroft Sedgefield Fire Department would like to express our deepest appreciation to each and every one of you for the care and respect you bestowed on our fellow firefighter, John Eason.

We were extremely impressed and comforted by the level of care he received, and the loving way we were treated while visiting him.

It takes a special personality to administer to those who are at the end of their lives, but it's an even bigger gift one has, who can comfort and administer to those who will be left behind. You each have that gift and from all the firefighters and staff here at Pineroft Sedgefield Fire Department, thank you for sharing it with us and John.

You made John's last days peaceful, respectful and comforting for those of us that loved him.

Sincerely,


Kendall McCarter
Fire Chief

Children Heal and Make Friends at Annual CHAMP Camp

CHAMP Camp (Children Healing And Making friends through Play) was held on May 14- 15 at the Haw River State Park Education Center. This overnight experience was organized and presented by Kids Path staff and volunteers as a way of providing a meaningful experience for children coping with the illness or death of a loved.

Thirty-seven campers, grades second through fifth, participated in an array of organized activities designed to provide fun, new friendships and healing. Activities included small-group team building, music, fishing, and a "feelings expression" obstacle course. However, most campers agreed that the Memorial Bonfire was the highlight of the weekend. Campers not only enjoyed s'mores and a campfire sing-a-long, but participated in a meaningful remembrance exercise.

Being surrounded by caring peers and adults offered campers encouragement, support and understanding. It also allowed them to see that even in the midst of pain, laughter and play can offer important relief – especially when you are with people who really understand. Special thanks, to the volunteers who helped make CHAMP Camp such a success.



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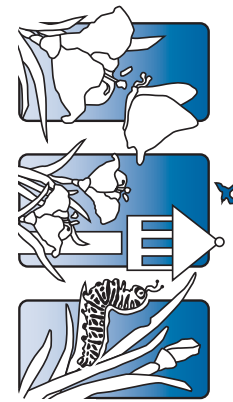


Mission Statement:

Hospice and Palliative Care of Greensboro enhances quality of life by providing expert interdisciplinary care, consultation, support and education for those affected by serious illness, death or grief.



HOSPICE and PALLIATIVE CARE
of GREENSBORO



HOSPICE and PALLIATIVE CARE
of GREENSBORO

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(call) 336.621.2500 (fax) 336.621.4516
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❖ HPCG Calendar of Events ❖

Kids Path Programs

All groups are open to the public. Pre-registration is required. Call 336.544.5437 to register for a workshop or to schedule an individual counseling session.

Support Groups: (\$15.00 registration fee)

Teen Coffeehouse

A support group for teenagers (6th-12th graders) who are coping with the illness or death of a loved one.

Thursdays: September 8, 2011 through September 29, 2011 from 5:45-7:00pm

More Dates Coming Soon.

Connecting Rainbows

A support program for K-5th graders and their caregivers coping with the illness or death of a loved one.

Tuesdays: October 4, 2011 through November 8, 2011 from 5:45-7:00pm

More Dates Coming Soon.

SibShops

For siblings of children with special needs. Please call Family Support Network at 832-6507 for dates, location, and to register.

Workshops:

Make-A-Memory-Bear (\$10.00 registration fee)

Participants ages 5 and up create a unique bear out of an article of clothing that belonged to their loved one who died.

Thursday, August 18, 2011 6:00 - 7:30pm

Hope at the Holidays Family Night

A special holiday event for families grieving the death of a loved one.

Thursday, December 8, 2011 6pm-7:30pm

New Kids Path groups, workshops, camps, and educational opportunities are added throughout the year. Visit www.hospicegso.org/kids-path-programs to find the latest calendar of events.

Counseling and Education Center

Held at HPCG campus 2500 Summit Avenue Greensboro, NC. All groups are open to the public free of charge. In order to join a group each potential group participant must pre-register and will be contacted by a group facilitator to schedule a required orientation session. Pre-registration options: Call Tammy Chaput at 336.621.5565 or email tchaput@hospicegso.org

2011 Fall Support Groups for Bereaved Adults:

Loss of a Child* Begins August 16, 2011 from 5:30-6:45pm

For parents who have experienced the death of a child of any age.

*Meets at Kids Path building

Loss of Spouse Begins September 8, 2011 from 12:00-1:30pm

For adults who have experienced the death of their husband or wife.

Loss of Loved One Begins September 6, 2011 from 6:00-7:30pm

For adults who have experienced the death of a parent, sibling or other loved one.

Loss of Spouse or Constant Companion Begins Sept. 6, 2011 from 6:00-7:30pm

For adults who have experienced the death of their constant companion, life partner or spouse.

Handling The Holidays After a Loss

Tuesday, November 1, 2011 from 6:00 to 7:30pm

An uplifting and informational seminar addressing both adult and child grief.

Held at HPCG campus 2500 Summit Avenue Greensboro, NC

Volunteer Services

Interested in becoming a volunteer with HPCG?

Please register to attend a Volunteer Information Session. Contact Peggy Rich at 336.621.2500 or prich@hospicegso.org. Visit our website at www.hospicegso.org. All volunteer sessions are held at HPCG campus (2500 Summit Avenue, Greensboro, NC) unless noted.

Monday, August 22, 2011 from 6:00 pm to 8:00 pm

Monday, October 10, 2011 from 6:00 pm to 8:00 pm

TO OUR READERS:

Newsline is also available in an electronic format.

Please visit our web site at www.hospicegso.org to sign up to receive the e-newsletter.